

**Cerritos College**

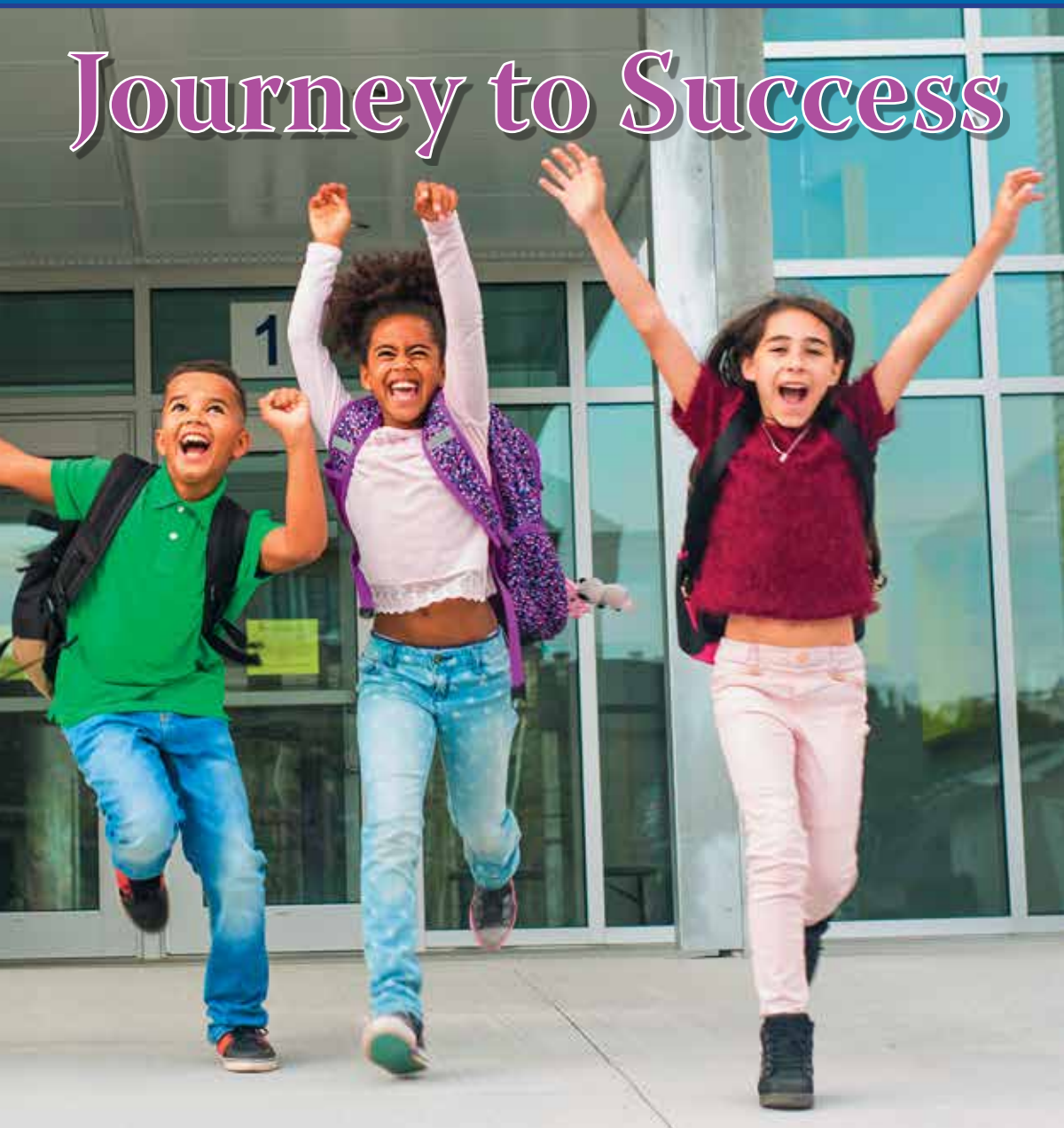
# **COMMUNITY EDUCATION**

**Summer 2023**

**May • June • July • August**

***Schedule of Classes***

## **Journey to Success**



***Child & Teen classes:***  
***pages 11 - 25***

***Adult classes:***  
***pages 26 - 43***

**CerritosCommunityEd.com**

# *Summertime is Funtime!*

## *Take One of Our New Classes*



### **DANCES AROUND THE WORLD**

Pg. 25



### **ACTING FOR SOCIAL MEDIA**

Pg. 19



### **SMALL BUSINESS WORKSHOP**

Pg. 27

**SMALL  
BUSINESS,  
BIG  
IMPACT**



# TABLE OF CONTENTS

SUMMER 2023

## CHILD & TEEN CLASSES & SUMMER PROGRAM

Continuing Education Information .....	3-4
Summer Youth Program Information .....	5-7
Youth Schedule Planner .....	8-10
Reading & Writing .....	11-13
Speech & Communication .....	13
Foreign Language .....	14
Math .....	14-15
Science .....	16
Computers .....	17-18
College Preparation .....	18
Enrichment .....	19
Music .....	20
Art .....	21-22
Athletics & Movement .....	23-25

## ADULT CLASSES

Professional Development	
Business & Management .....	26-27
Leadership Skills .....	28
Career Advancement	
Career Training Opportunities .....	29-33
Ed2Go Six-Week Online Courses .....	30
Protrain Certification Training Programs .....	31
Film & TV .....	33
Personal Growth	
Language: Intensive English Program Communication (IEP) ..	34
Communication .....	35
Money & Investments .....	36
Retirement Planning .....	36
Health .....	36
Enrichment & Interests	
Motorcyclist Training .....	37-38
Home and Garden .....	38
Dance .....	39
Music .....	39
Health & Wellness .....	40
Something for Everyone .....	41-43

## GENERAL INFORMATION

Campus Map & Parking Information .....	44
Registration, Transfers & Cancellation Policies .....	45
How to Register .....	46
Index (Youth & Adult Classes) .....	47-48



KARIM KHARBOUCH

# CODING FELLOWSHIP PROGRAM

LOS ANGELES

*The Knowledge House is seeking high school youth interested in learning code and design skills!*

The Karim Kharbouch Coding Fellowship is a 12-month program that starts with paid, virtual summer training and is followed by monthly career & college access workshops and coaching. Graduates receive support with obtaining internships and gaining access to college STEM programs. The Fellowship is free, and participants are given a stipend during summer instruction.

Inaugural KKCF alums have gone on to STEM programs at colleges like El Camino and advanced coding programs by Google.

## Applicants must meet the following qualifications:

- Be a resident of Los Angeles.
- Currently enrolled in high school as a **sophomore, junior, or senior**.
- Proficient in written and spoken English.
- Available for the duration of the program.

*Priority is given to non-white, foreign-born, or first-generation Americans.*

## Overview Basics:

- Web Design
- Graphic Design
- User Experience Design
- HTML & CSS Coding
- And more...

## DEADLINE MAY 21ST, 2023

For questions, email Cesar Cruz at  
[ccruz@theknowledgehouse.org](mailto:ccruz@theknowledgehouse.org)



Check Us Out: [www.theknowledgehouse.org](http://www.theknowledgehouse.org)

# ***ADULT EDUCATION & DIVERSITY PROGRAMS***

## **CONTINUING EDUCATION DIVISION**

We provide educational opportunities that address the unique needs of adults in the region. These courses are noncredit, include open entry, open exit, and have No Registration Fees. Bilingual English and Spanish support is provided.

**Courses include categories such as:**

- Apprenticeship
- College English & Math Skills
- Citizenship
- GED Preparation
- English as a Second Language
- Literacy, Primary, and Secondary Education
  - Plaza Comunitaria
- Occupational Preparation
- Older Wiser Learner (OWL) for Older Adults
- Preparatory Math
- Vocational English as a Second Language
- OSHA Certification in Spanish and English
- Entrepreneurship in Spanish and English

**CURSOS  
EN ESPAÑOL**



**TUITION FREE!**  
***¡ GRATIS !***

Brindamos oportunidades educativas que aborden las necesidades únicas de los adultos en la región. Los cursos son sin crédito, incluyen entrada abierta, salida abierta y no tienen tarifas de inscripción. Se brinda apoyo bilingüe en inglés y español.

**Los cursos incluyen categorías como:**

- Apprenticeship
- College English & Math Skills
- Ciudadanía
- Preparación para el GED
- Inglés como Segundo Idioma
- Alfabetización, Educación Primaria y Secundaria – Plaza Comunitaria
- Preparación Ocupacional
- Older Wiser Learner (OWL) for Older Adults
- Preparatory Math
- Inglés Vocacional como Segundo Idioma
- Certificación OSHA en Español e Inglés
- Microempreendedores en Español y Ingles

**For more Registrations & more information:**

**(562) 467-5098**

**[www.cerritos.edu/aed](http://www.cerritos.edu/aed)**

**LET US HELP YOU REGISTER! JOIN US FOR OUR...**

*DEJANOS AYUDARTE CON TU REGISTRACION, ACOMPAÑANOS EN NUESTRO...*

# ONE DAY REGISTRATION

**Saturday May 6th 2023 / Sabado Mayo 6 2023**

**@ Community Education Building (Lot 9)**

**8:30AM –12:00PM**

Together we will fill out the Cerritos College Application & complete the Registration process, alongside our Instructors who will be available to answer questions about course of interest.

*Le ayudaremos con la solicitud de Cerritos College y completaremos el proceso de registro, junto con nuestros instructores que estarán disponibles para responder preguntas sobre el curso de interés.*



## OSHA 10



**¡Obtén tu certificación Introdutoria sobre la ley de Salud y Seguridad Ocupacional para trabajadores de la construcción. (OSHA 10)!**

- En 10 horas de entrenamiento aprenderás como estar seguro y evitar riesgos en el trabajo de la construcción.
- Cerritos College, en colaboración con el Consulado General de México en Los Angeles ofrece esta certificación y sin costo para los alumnos.



PARA REGISTRARTE O OBTENER MAYOR INFORMACIÓN LLAMA AL  
(562) 860-2451 Ext. 2518

# CHILD / TEEN CLASSES

## SUMMER YOUTH PROGRAM INFORMATION

### SUMMER YOUTH PROGRAM— HERE'S WHAT YOU NEED TO KNOW...



Our kids/teens summer program is set up into three sessions. Each session is two weeks long and runs every weekday, Monday through Friday (excluding holidays).

**Session #1: June 26<sup>th</sup> – July 7<sup>th</sup> (no class July 4<sup>th</sup>)**

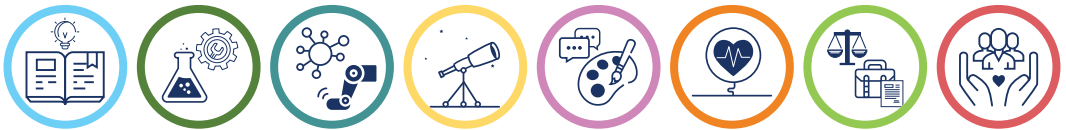
**Session #2: July 10<sup>th</sup> – July 21<sup>st</sup>**

**Session #3: July 24<sup>th</sup> – Aug 4<sup>th</sup>**

Each session, classes begin every two hours (8am, 10am, 1pm & 3pm). You choose the dates that work for you, then choose the class(es) you want your child to take.... it's up to you!

### ENROLLMENT

- Students Exposure to College: These icons below represent the Learning Career Pathways at Cerritos College. You will see them throughout our schedule as a way to immerse our youth in the Cerritos College Experience.



**<https://www.cerritos.edu/learningcareerpathways/default.htm>**

- On pages 8-10, you will find our **Youth Schedule Planner**; this is our “cheat sheet” to help you easily see the main details about each session (dates, times, class titles). We also provide the age range for the class, as well as the page numbers as to where you can find the description details about each class.
- Your child is registered in a class upon payment for that class.
- Session #1 classes will not have class on Tuesday, July 4<sup>th</sup> (holiday), the registration fee is reduced, due to one less class meeting.
- Classes are filled on a first come, first served basis. If a class is full, you can put your child on the waiting list. If a spot opens in that class, you will be contacted to see if you want to register your child at that time.



# **CHILD / TEEN CLASSES**

## **SUMMER YOUTH PROGRAM INFORMATION**

### **TEACHERS & STAFF**

- Classes are taught by qualified teachers – all academic courses are taught by credentialed school teachers, teachers with college level teaching experience, or those who hold a Bachelor's degree or higher and our enrichment courses are taught by instructors who have extensive experience in the subject being taught.
- There are student assistants helping in classes and during transition times and breaks.
- All teachers, student assistants and office staff working at Cerritos College have been fingerprinted and have a clean background check.

### **ARRIVAL & DEPARTURE**

- Students should arrive 10-15 minutes prior to their class. You may pull up and drop off your child at our pick-up/drop-off area (located in parking lot 9). In that lot, there will be staff as well as signs to guide you as to where to go and drop off your children.
- Do not drop off your child prior to 7:45am – there is no supervision before this time. Also, please make sure you pick up your child after their class(es) end; there is no supervision 15 minutes after the end of each class.
- If you park on campus you will need a pass. You can purchase a daily pass for \$3 or a weekly or monthly pass. Please visit [PayMyCite.com](http://PayMyCite.com) for more information.

### **FISH OUT OF WATER (*Supervised fitness and fun after swim*)**

- If your child is enrolled in a swim class between 1pm-2:45pm and they have a 3pm College For Youth Class, they can participate in Fish Out of Water and our staff will walk them to their 3pm class. If they are taking a swim class between 2:55pm-4:00pm they can participate in Fish Out Of Water, but parents will have to pick them up.

### **BREAKS & LUNCH**

- Children are supervised during the 15-minute transition time before and after classes.
- If your child brings a snack, we ask that they eat it during the transition time between classes and not during class.
- Lunch break is from 11:45am – 12:45pm; your child must bring a sack lunch, there are no campus lunch options available.
- Lunch break is supervised by our student assistants. There is no additional cost for this supervision; however, please register your child for this service so that we know how many kids will be staying with us over the lunch break.

### **SUPERVISION**

- There is supervision of students 15 minutes before & after classes, during all class times as well as during breaks and lunch.
- Our student assistants will help with the drop-off / pick-up of your children (getting them in and out of your car safely) and assist them in lining up for their class. For their safety, please drop off only in the designated drop-off / pick-up area
- Your child will be escorted to and from their classes by our student assistants and their teachers.



# CHILD / TEEN CLASSES

## SUMMER YOUTH PROGRAM INFORMATION

- For their safety, we require all students 12 of younger to be with one of our staff members or teachers; while on campus they are not allowed to be on their own at any time.

### PROGRAM POLICIES

- Only registered students are allowed in the classrooms - no parents, other adults, or other kids who are not registered are not permitted in the class(es).
- Respect for self, others, materials, and equipment will be expected. In the event that a student is not meeting our code of conduct, we will try and work out the situation with the student to minimize any disturbance/disruption to anyone (the student, his/her classmates, and/or the teacher).
- If you need to cancel or transfer any class, we need three or more business days' notice prior to the start of the class(es). There will be a \$10 fee charged for any cancellations or transfers.

### TEACHER BIOS *(see teachers and staff section for qualifications)*

**Curtis Adney** is a career coach, author, and motivational speaker who has helped thousands of all ages discover their natural talents and transform their lives.

**Eibel Battles** is a Coda (Child of Deaf Adults) and has been an interpreter for over 20 years with Rio Hondo Community College. She is certified as a Level 4 Interpreter.

**Brian Abumada** teaches Graphic Production Technology, Graphic Design and Multi-Media CD Arts for Bellflower Unified School District and California Advancing Pathways for Students (CALAPS).

**LaTonya Curlin** is a GATE certified Math and Science teacher who has taught primarily middle school for Compton Unified School District for 25 years.

**Carlos Durazo** is a working artist as well as a substitute teacher for the El Rancho School District.

**East West Palace** offers ice skating and hockey lessons to the public.

**Cris Equihua** is an award-winning artist and holds a degree in animation. He has taught children internationally helping them explore their creative potential.

**Manuel Fragoso** has been a faculty member in Continuing Education for over 25 years. He has a background in linguistics and Spanish and works with elementary school children and adults.

**Natalie Garcia** is earning her Master's degree in mathematics. She has tutored students from 1st grade through college. She is passionate about encouraging students to pursue STEM fields.

**Anthony Gonzales**, works for Cerritos College in the Fine Arts Dept. as a faculty member and as a ceramics Studio Technician.

**Julio Guzman** is an Industrial Technology Instructor at Bellflower High School.

**Rafael Hernandez** is a USTA Level 2 instructor with 6 years of experience. He is passionate about teaching tennis to the next generation.

**Jennifer Hewitt** is the Vice President of Global Culture Education Foundation in Anaheim, CA. She has taught with our College For Youth program for several years

**Trishona Horton** has taught English to all grade levels, she holds Master's degree in Fine Arts. She is excited to share her love for both subjects to make this summer an exciting experience.

**Eric Hoyer** is a Science teacher at Cerritos High School; he has taught chemistry, biology, physical science, and health courses.

**Jackie Isas** has worked as an educator in Continuing Education at Cerritos College for several years. She eager to teach Spanish to our children.

**Karen Lai** earned her M.A. in Mathematics from CSU, Fullerton. She has taught various levels of math with the community college system.

**Ester Moreno** has earned two Associate Degrees from the Cerritos College Culinary Arts Dept. She has experience creating fine dining banquets as well working with non profits to provide food for those in need.

**Lisa Perez** has taught math at both the high school and college level. She is passionate about increasing women in STEM.

**Pamela Rodriguez** leads a wealth management team. She is passionate about financial literacy and believes that healthy financial habits in children will empower them to make better financial decisions.

**Elizabeth Rojas** has worked at Cerritos College in Plaza Comunitaria for several years. She will be teaching Spanish with our College for Youth program this summer.

**Marcos Rubio** is a Kung Fu and self-defense instructor for both children and adults and he owns his own studio in Norwalk, CA.

**Kyle Tunnels** earned his Bachelor's degree from USC and played varsity and coached at several different levels.

**Tumble-N-Kids** is a Recreational Gymnastics Program. The classes emphasize teaching students gymnastic skills in a safe, positive, and non-competitive atmosphere.

**Ethel Wade** holds a Master in TESL and works for Lynwood Adult School. She has taught dance with the parks and recreation dept. and has owned her own studio.

# CHILD / TEEN CLASSES

## YOUTH SCHEDULE PLANNER

### SESSION #1

**TWO WEEKS, MON-FRI 6/26 - 7/7 (NO CLASS 7/4)**

☒ ADD TO MY SCHEDULE

8:00AM - 9:45AM CLASSES		GRADE	TEACHER
<input type="checkbox"/>	Math: Strong Foundations	1 - 3	Natalie Garcia
<input type="checkbox"/>	Karate for Kids	1 - 3	Rubio, Marcos
<input type="checkbox"/>	Tennis	1 - 4	Hernandez, Rafael
<input type="checkbox"/>	Spanish Introduction	3 - 6	Fragoso, Manuel
<input type="checkbox"/>	Comic Book & Anime Art	3 - 9	Equihua, Cristian
<input type="checkbox"/>	Photography	5 - 12	Ahumada, Brian
<input type="checkbox"/>	Reading Comp. & Improvement Strategies	6 - 9	Wade, Ethel
<input type="checkbox"/>	Creative Writing	9 - 12	Horton, Trishana
10:00AM - 11:45AM		GRADE	TEACHER
<input type="checkbox"/>	Academic Adventure	1 - 3	Horton, Trishana
<input type="checkbox"/>	Now You're Cooking: Jr. Chef	1 - 4	Moreno, Ester
<input type="checkbox"/>	Basketball	3 - 6	Tunnell, Kyle
<input type="checkbox"/>	Karate for Kids	3 - 7	Rubio, Marcos
<input type="checkbox"/>	Digital Art Using Procreate	5 - 8	Equihua, Cristian
<input type="checkbox"/>	Tennis	5 - 10	Hernandez, Rafael
<input type="checkbox"/>	I Movie Maker Madness	5 - 12	Ahumada, Brian
<input type="checkbox"/>	Spanish Introduction	7 - 12	Fragoso, Manuel
<input type="checkbox"/>	Engineering Design w/ CAD	9 - 12	Guzman, Julio
1:00PM - 2:45PM		GRADE	TEACHER
<input type="checkbox"/>	Create Your Own Storybook	1 - 4	Horton, Trishana
<input type="checkbox"/>	Beginning Watercolor	1 - 4	Durazo, Carlos
<input type="checkbox"/>	Illustration	3 - 8	Equihua, Cristian
<input type="checkbox"/>	Fractions, Decimal & Percents	4 - 8	Garcia, Natalie
<input type="checkbox"/>	Now You're Cooking: Elementary Chef	5 - 8	Moreno, Ester
<input type="checkbox"/>	Powerhouse Writing	5 - 9	Wade, Ester
<input type="checkbox"/>	Ceramics: Expressions Through Sculpture	5 - 12	Gonzalez, Anthony
<input type="checkbox"/>	Create Your Own Webpage	5 - 12	Ahumada, Brian
<input type="checkbox"/>	Robotics Level I	6 - 9	Guzman, Julio
<input type="checkbox"/>	Algebra I	6 - 12	Lai, Karen
3:00PM - 4:45PM		GRADE	TEACHER
<input type="checkbox"/>	Academic Adventure	1 - 3	Horton, Trishana
<input type="checkbox"/>	3D Paper Art Creations	3 - 8	Equihua, Cristian
<input type="checkbox"/>	Creative Writing	5 - 9	Wade, Ethel
<input type="checkbox"/>	Digital Desings (Using Adobe Indesign)	5 - 12	Ahumada, Brian
<input type="checkbox"/>	Pre - Algebra	6 - 9	Lai, Karen
<input type="checkbox"/>	Robotics Level II	6 - 9	Guzman, Julio
<input type="checkbox"/>	Chemistry	7 - 10	Hoyer, Eric

# CHILD / TEEN CLASSES

## YOUTH SCHEDULE PLANNER

### SESSION #2 TWO WEEKS, MON-FRI 7/10 - 7/21

☒ ADD TO MY SCHEDULE

8:00AM - 9:45AM CLASSES		GRADE	TEACHER
<input type="checkbox"/>	Phonics	1 - 2	Horton, Trishana
<input type="checkbox"/>	Tennis	1 - 4	Hernandez, Rafael
<input type="checkbox"/>	Spanish Introduction	3 - 6	Fragoso, Manuel
<input type="checkbox"/>	Comic Book & Anime Art	3 - 9	Equihua, Cristian
<input type="checkbox"/>	Drawing & Painting Fundamentals	4 - 8	Durazo, Carlos
<input type="checkbox"/>	Amercian Sign Language ASL	5 - 12	Battles, Ethel
<input type="checkbox"/>	Reading Comp. & Improvement Strategies	6 - 9	Wade, Ethel
10:00AM - 11:45AM		GRADE	TEACHER
<input type="checkbox"/>	Reading and Writing Road Trip	1 - 3	Horton, Trishona
<input type="checkbox"/>	Now You're Cooking: Jr. Chef	1 - 4	Moreno, Ester
<input type="checkbox"/>	Math Madness	5 - 7	Curlin, LaTonya
<input type="checkbox"/>	Powerhouse Writing	5 - 9	Wade, Ethel
<input type="checkbox"/>	Tennis	5 - 10	Hernandez, Rafael
<input type="checkbox"/>	Ceramics: Creating Through the Wheel	5 - 12	Gonzalez, Anthony
<input type="checkbox"/>	Algebra I	6 - 12	Perez, Lisa
<input type="checkbox"/>	Spanish Introduction	7 - 12	Fragoso, Manuel
<input type="checkbox"/>	Basketball	7 - 12	Tunnell, Kyle
1:00PM - 2:45PM		GRADE	TEACHER
<input type="checkbox"/>	Strategies For Strengthening Readers	1 - 3	Horton, Trishana
<input type="checkbox"/>	Math Essentials	3 - 6	Lai, Karen
<input type="checkbox"/>	Illustration	3 - 8	Equihua, Cristian
<input type="checkbox"/>	Beginning Watercolor	3 - 8	Durazo, Carlos
<input type="checkbox"/>	Fractions, Decimals & Percents	4 - 8	Garcia, Natalie
<input type="checkbox"/>	Now You're Cooking: Elementary Chef	5 - 8	Moreno, Ester
<input type="checkbox"/>	Ceramics: Expressions Through Sculpture	5 - 12	Gonzalez, Anthony
<input type="checkbox"/>	Geometry	8 - 12	Perez, Lisa
<input type="checkbox"/>	SWIM	All Ages	Swim Staff
3:00PM - 4:45PM		GRADE	TEACHER
<input type="checkbox"/>	Dances of the World	1 - 5	Wade, Ethel
<input type="checkbox"/>	3D Paper Art	3 - 8	Equihua, Cristian
<input type="checkbox"/>	Drawing and Painting Fundamentals	4 - 8	Durazo, Carlos
<input type="checkbox"/>	Creative Writing	5 - 9	Horton, Trishona
<input type="checkbox"/>	I Movie Maker Madness	5 - 12	Ahumada, Brian
<input type="checkbox"/>	Pre - Algebra	6 - 9	Lai, Karen
<input type="checkbox"/>	Future Engineers	6 - 9	Hoyer, Eric
<input type="checkbox"/>	Algebra II	8 - 12	Perez, Lisa
<input type="checkbox"/>	SWIM	All Ages	Swim Staff

# CHILD / TEEN CLASSES

## READING & WRITING

### SESSION #3 TWO WEEKS, MON - FRI, 7/24 - 8/4

☒ ADD TO MY SCHEDULE

8:00AM - 9:45AM CLASSES		GRADE	TEACHER
<input type="checkbox"/>	Create Your Own Storybook	1 - 4	Horton, Trishona
<input type="checkbox"/>	Tennis	1 - 4	Hernandez, Rafael
<input type="checkbox"/>	Spanish Introduction	3 - 6	Isas & Rojas
<input type="checkbox"/>	Grammar Gear Up	3 - 6	Wade, Ethel
<input type="checkbox"/>	Digital Art Using Procreate	5 - 8	Equihua, Cristian
<input type="checkbox"/>	Chinese Introduction	5 - 12	Hewitt, Jennifer
<input type="checkbox"/>	Amercian Sign Language ASL	5 - 12	Battles, Ethel
10:00AM - 11:45AM		GRADE	TEACHER
<input type="checkbox"/>	Drawing & Painting Fundamentals	1 - 3	Durazo, Carlos
<input type="checkbox"/>	Math: Strong Foundations	1 - 3	Garcia, Natalie
<input type="checkbox"/>	Comic Book & Anime or Paper Art	4 - 9	Equihua, Cristian
<input type="checkbox"/>	Tennis	5 - 10	Hernandez, Rafael
<input type="checkbox"/>	Ceramics: Creating Through the Wheel	5 - 12	Gonzalez, Anthony
<input type="checkbox"/>	Spanish Introduction	7 - 12	Isas & Rojas
<input type="checkbox"/>	Basketball	7 - 12	Tunnell, Kyle
1:00PM - 2:45PM		GRADE	TEACHER
<input type="checkbox"/>	Phonics	1 - 4	Wade, Ethel
<input type="checkbox"/>	Basketball	3 - 6	Tunnell, Kyle
<input type="checkbox"/>	Comic Book & Anime Art	3 - 9	Equihua, Cristian
<input type="checkbox"/>	Fractions, Decimals & Percents	4 - 8	Garcia, Natalie
<input type="checkbox"/>	Pre Algebra	4 - 10	Perez, Lisa
<input type="checkbox"/>	Ceramics: Expressions Through Sculpture	5 - 12	Gonzalez, Anthony
<input type="checkbox"/>	Geometry	8 - 12	Lai, Karen
<input type="checkbox"/>	Intro. To Acting/Screenwriting	9 - 12	Horton, Trishona
<input type="checkbox"/>	SWIM	All ages	Swim Staff
3:00PM - 4:45PM		GRADE	TEACHER
<input type="checkbox"/>	Academic Adventure	1 - 3	Horton, Trishona
<input type="checkbox"/>	Reading Comp. & Improvement Strategies	3 - 5	Wade, Ethel
<input type="checkbox"/>	Digital Arts with Procreate	5 - 8	Equihua, Cristian
<input type="checkbox"/>	Engineering Design w/CAD	5 - 8	Guzman, Julio
<input type="checkbox"/>	Imovie Maker Madness	5 - 12	Ahmauda, Brian
<input type="checkbox"/>	Pre - Algebra	6 - 9	Lai, Karen
<input type="checkbox"/>	Algebra I	6 - 12	Perez, Lisa
<input type="checkbox"/>	SWIM	All Ages	Swim Staff





# CHILD / TEEN CLASSES

## READING & WRITING

### STRATEGIES FOR STRENGTHENING READERS

#### GRADES 1-3

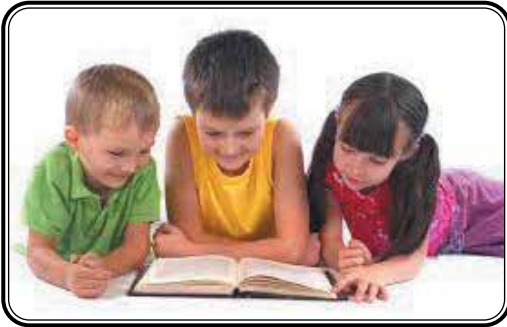
For many young readers, fluency can be a stumbling block, keeping them from greater reading comprehension. Through the use of guided reading, the teacher will work with your child in small groups as well as individually at their instructional level to guide them to using the context, visual, and structural cues within the story to generate meaning. These strategies are proven to be extremely useful for independent, fluent reading and decoding. This class will focus on changing your slower or even word-by-word reader into a more fluent reader who reads with greater understanding.

Mon-Fri, 7/10-7/21

1:00pm-2:45pm

\$139

*Teacher: Trishana Horton*



### READING COMPREHENSION & IMPROVEMENT STRATEGIES

#### GRADES 3-5 & GRADES 6-9

Master the skills needed to be an effective reader! You will learn how to find the main idea, increasing your vocabulary, drawing conclusions from what is read, spotting an author's purpose and point of view, sequencing, cause and effect, comparison and contrast and inference.

Students will be exposed to different comprehension strategies that will aid in their reading and understanding of short stories and chapter books. They will learn to read more closely to identify themes, social commentaries, and purposely chosen words that give what they are reading a new and more rich meaning.

#### GRADES 3-5

Mon-Fri, 7/24-8/4

3:00pm-4:45pm

\$139

#### GRADES 6-9

Mon-Fri, 6/27-7/7 (no class 7/4)

8:00am-9:45am

\$129

Mon-Fri, 7/10-7/21 (no class 7/4)

8:00am-9:45am

\$139

*Teacher: Ethel Wade*

### POWERHOUSE WRITING

#### GRADES 5-9

Students will work on developing clear and precisely written paragraphs on a variety of topics. They will create strong topic sentences, interesting details and sensational closing sentences using a "powerhouse" format. They will learn to write expository, narrative and descriptive paragraphs and work on how to put these together effectively to create a longer piece by the end of the course.

Mon-Fri, 6/26-7/7 (no class 7/4)

1:00pm-2:45pm

\$129

Mon-Fri, 7/10-7/21

10:00am-11:45am

\$139

*Teacher: Ethel Wade*

### CREATIVE WRITING

#### GRADES 5-9 & 9-12

Do you have the desire to express yourself through stories and poems? Do you enjoy using your imagination? This class will explore the basics of creative writing, including collecting your ideas, words and thoughts to write your own poems and stories. Example poems and stories will be shared in class. You will leave class with a piece of writing that is unique to you.



#### GRADES 5-9

Mon-Fri, 6/26-7/7 (no class 7/4)

3:00pm-4:45pm

\$129

Mon-Fri, 7/10-7/21

3:00pm-4:45pm

\$139

#### GRADES 9-12

Mon-Fri, 6/26-7/7 (no class 7/4)

8:00am-9:45am

\$129

*Teachers: Trishana Horton & Ethel Wade*

*This class really helped me because now it's easier to figure out my ideas and put them on paper. Jocelyn*

# CHILD / TEEN CLASSES

## READING & WRITING



### ACADEMIC ADVENTURE

#### GRADES 1-3

Kick off your summer by reinforcing this year's language AND math concepts and getting ahead for next year. The language arts section emphasizes phonics, reading, writing, speaking, and listening; the mathematics section incorporates a hands on approach through games and activities to mathematical ideas and concepts. Learning happens here using a variety of fun-filled activities designed to increase your child's skills, ultimately increasing their ability for success in school.

Mon-Fri, 6/26-7/7 (no class 7/4) 10:00am-11:45am  
\$129

Mon-Fri, 6/26-7/7 (no class 7/4) 3:00pm-4:45pm  
\$129

Mon-Fri, 7/24-8/4 3:00pm-4:45pm  
\$139

*Teacher: Trishana Horton*

### CREATE YOUR OWN STORYBOOK

#### GRADES 1-4

Let your child's imaginations soar! They will be able to create their own storybook – written and illustrated by them! Throughout the class, your child will be helped in developing/writing their own story, and then they will be able to experience different drawing and painting techniques as well as different mediums to create illustrations for their story. By the end of the class, your child will have their very own storybook.

Mon-Fri, 6/26-7/7 1:00pm-2:45pm  
\$129

Mon-Fri, 7/24-8/4 8:00am-10:45am  
\$139

*Teacher: Trishana Horton*

### READING & WRITING ROAD TRIP

#### GRADES 1-3

Get your child on the road to being a successful writer! Students will read short selections to determine the structure of a story. Then they will pre-write, brainstorm ideas and write a rough draft for their own story. During the second week, they will revise, edit and create a final copy of their own story, which they can then share with you!

Mon-Fri, 7/10-7/21 10:00am-11:45am  
\$139

*Teacher: Trishana Horton*





# CHILD / TEEN CLASSES

## SPEECH & COMMUNICATION

### PHONICS & READING FLUENCY

GRADES 1-2

Phonics and blending sounds together to make words are important skills for reading. In order to read more fluently and to comprehend what we read, we need to sound out words correctly and recognize them as words. This class will focus on phonics, learning the sounds needed to put together to make words. It will also put words together to make basic sentences that students can read with fluency and expression. It will include a variety of hands-on activities, group and individual work and practice drills to help increase fluency and reading skills.

Mon-Fri, 7/10-7/21

8:00am-10:45am

\$139

Teacher: *Trishana Horton*

### GRAMMAR GEAR-UP!

GRADES 3-6

Language mechanics and basic grammar skills are too often overlooked and yet are the foundation for good written communication. Students will review parts of speech, mechanics, and the most common writing mistakes kids make. Your son/daughter will "gear-up" on their grammar and will be armed with what they need to know to be more successful in their writing.

Mon-Fri, 7/24-8/4

8:00am-9:45am

\$139

Teacher: *Ethel Wade*



*I really had fun in this class  
the teacher was very fun and  
I hope to come here again.*  
Andrea



## SPEECH & COMMUNICATION

### AMERICAN SIGN LANGUAGE (A.S.L.)

GRADES 5-12

In this intro class, you'll learn basic signs, as well as a bit about the history of signing and etiquette when interacting with a deaf person. Lessons will be taught in an interactive manner through the use of role play, videos and worksheets.

Who knows, perhaps you'll decide to continue your learning and become a certified interpreter one day! This is also a good way to see if you might like to pursue ASL in college (ASL is recognized by the CSU's and UC's as a credit bearing class through the UC's or CSU's).

Mon-Fri, 7/10-7/21

8:00am-9:45am

\$139

Mon-Fri, 7/24-8/4

8:00am-9:45am

\$139

Teacher: *Ethel Battles*

# CHILD / TEEN CLASSES

## FOREIGN LANGUAGE



### CHINESE LANGUAGE & CULTURE

*(GRADES 5-12)*

This course is taught in both English and Mandarin Chinese and is designed for non-native speaking students. Students will learn the basics of Chinese conversation including pronunciation, vocabulary, and basic Chinese letters. Also, you will learn about the geography, customs, celebrations and culture of the Chinese people.

Mon-Fri, 7/24-8/4 8:00am-9:45am  
\$135

**Teacher:** *Jennifer Hewitt*

### SPANISH INTRODUCTION

*GRADES 3-6 OR GRADES 7-12*

Would you like to learn how to speak a different language? Spanish is spoken frequently in California, making it the best second language to know! An introduction to vocabulary and the basic structure of the Spanish alphabet will be taught. Speaking and listening comprehension will be emphasized through the use of realistic conversation in class. Writing and reading activities will also be done regularly in this class.

*GRADES 3-6*

Mon-Fri, 6/26-7/7 (no class 7/4) 8:00am-9:45am  
\$129

Mon-Fri, 7/10-7/21 8:00am-9:45am  
\$139

Mon-Fri, 7/10-7/21 10:00am-11:45am  
\$139

Mon-Fri, 7/24-8/4 8:00am-9:45am  
\$139

*GRADES 7-12*

Mon-Fri, 6/26-7/7 (no class 7/4) 10:00am-11:45am  
\$129

Mon-Fri, 7/10-7/21 10:00am-11:45am  
\$139

**Teachers:** *Manuel Fragoso, Elizabeth Rojas, Jaqueline Isas*



## MATH BASICS

### MATH: STRONG FOUNDATIONS

*GRADES 1-3*

Help your child gain the fundamental skills they need to be successful in all subsequent math classes. They will practice and improve their skills in addition, subtraction and multiplication. Through group activities and math games, your child will be learning math concepts while they are having fun! There will also be some independent work where they can work at their own pace, getting assistance when they need it.

Mon-Fri, 6/26-7/7 (no class 7/4) 8:00am-9:45am  
\$135

Mon-Fri, 7/24-8/4 10:00am-11:45am  
\$145

**Teacher:** *Natalie Garcia*

### MATH MADNESS

*GRADES 5-7*

Love math? Or just need a refresher? You will have a great time exploring middle school math “must haves.” Through use of interactive journals, students will learn and remember that Fractions are Friends, Proportions are Pals, Equations are Everything, and X is Never Unknown.

Mon-Fri, 7/10-7/21 10:00am-11:45am  
\$145

**Teacher:** *Latonya Curlin*





# CHILD / TEEN CLASSES

## MATH

### MATH ESSENTIALS

#### GRADES 3-6

Once your child has mastered basic adding, subtracting and multiplication, there are other core skills that they will need to learn. This class will cover the other fundamentals such as complex multiplication, division, word problems, lowest common multiplier (LCM), greatest common factor (GCF), and lowest common denominator (LCD). Once these concepts have been introduced, students will work at their own pace, with the instructor helping them individually as they need assistance.

Mon-Fri, 7/10-7/21 1:00pm-2:45pm  
\$145

### FRACTIONS, DECIMALS, PERCENTS – OH MY!

#### GRADES 4-8

One of the most difficult concept for students to learn is fractions...this class will help students become more familiar and comfortable with fractions, decimals and percentages through the use of notes, lecture and activities to stimulate learning. The class follows the elementary and middle school standards for math. Learn the skills needed to be able to feel ready to handle problems with fractions, decimals and percentages - it doesn't have to be scary!

Mon-Fri, 6/26-7/7 (no class 7/4) 1:00pm-2:45pm  
\$135

Mon-Fri, 7/10-7/21 1:00pm-2:45pm  
\$145

Mon-Fri, 7/24-8/4 1:00pm-2:45pm  
\$145

*Teacher: Natalie Garcia*

### GEOMETRY

#### GRADES 8-12

Study the system of geometry by starting with the basics. Learn the correct way to a note a line, ray, an angle, or line segment. Learn the hierarchy of intersections, and triangles. Study parallel and perpendicular lines and the angles they make. Become skilled at geometric solids and how to find their areas...and more. Once these concepts have been introduced, you will be encouraged to work at your own pace, with the instructor helping you individually as you need assistance.

Mon-Fri, 6/26-7/7 (no class 7/4) 3:00pm-4:45pm  
\$135

Mon-Fri, 7/10-7/21 1:00pm-2:45pm  
\$145pm

Mon-Fri, 7/24-8/4 1:00pm-2:45pm  
\$145pm

*Teachers: Natalie Garcia, Karen Lai*

### PRE-ALGEBRA

#### GRADES 6-9

You will learn about substitution, how to solve one and two-step algebraic problems, as well as work with exponents. You will also learn to factor polynomials and the coordinate plane. This class is designed to aid you in the discovery of pre-algebra. Once these concepts have been introduced, students will work at their own pace, with the instructor helping them individually as they need assistance.

Mon-Fri, 6/26-7/7 (no class 7/4) 3:00pm-4:45pm  
\$135

Mon-Fri, 7/10-7/21 3:00pm-4:45pm  
\$145

Mon-Fri, 7/24-8/4 (no class 7/4) 3:00pm-4:45pm  
\$145

### ALGEBRA I

#### GRADES 6-12

Begin learning or increasing your algebra skills such as factoring polynomials, solving multi-step problems, and writing equations from word problems and then solving them. You will also learn how to graph lines and parabolas. Once these concepts have been introduced, you will be encouraged to work at your own pace, with the instructor helping you individually as you need assistance.

Mon-Fri, 6/26-7/7 (no class 7/4) 1:00pm-2:45pm  
\$135

Mon-Fri, 7/10-7/21 10:00am-11:45am  
\$145

Mon-Fri, 7/24-8/4 3:00pm-4:45pm  
\$145

*Teachers: Karen Lai & Lisa Perez*

### ALGEBRA II

#### GRADES 8-12

Advance your algebra skills to the next level. Learn how to graph and solve the absolute value function, the inequality function, and the quadratic function. Discover the laws of exponents and the inverse functions of logarithms. Learn to factor perfect squares, differences of squares, and the sums and differences of cubes. Enter the world of the matrix - learn how to solve a system of equations in 3D using Krammer's Rule. You are encouraged to work at your own pace, with the instructor helping you individually as you need assistance.

Mon-Fri, 7/10-7/21 3:00pm-4:45pm  
\$145

*Teacher: Lisa Perez*

# CHILD / TEEN CLASSES

## SCIENCE



### FUTURE ENGINEERS

GRADES 6-9

Calling all future engineers! Do you like to build things? Would you like to compete against others to determine who has the best design? Then this class is for you. Come sign up and build such things as bridges, catapults, hot air balloons and water rockets. You will then put your design to the test and see if you are the top engineer.

Mon-Fri, 7/10-7/21

3:00pm-4:45pm

\$139

Teacher: Eric Hoyer

### INTRO TO CHEMISTRY

GRADES 7-10

Are you about to enter a chemistry course this upcoming school year? This class is designed for college prep students who are looking to get a jumpstart on what they'll be learning in their chemistry course in school. We will discuss topics such as measurements, atomic structure, the periodic table, chemical bonding, nomenclature, and chemical reactions. Come join us and get a heads-up in this exciting and challenging course.

Mon-Fri, 6/26-7/7 (no class 7/4)

3:00pm-4:45pm

\$145

Teacher: Eric Hoyer



## COMPUTERS

### IMOVIE MAKER MADNESS!

GRADES 5-12

Impress your peers and make your own movies for fun or school projects! Learn how to create digital movies using iMovies. The field of digital movies is rapidly growing. Editing, visual effects, sound effects, and more will be covered. Also learn how to add in titles and transitions.

**Note:** Bring your phone to class each day. An iphone is preferred for ease of use, but not required.

Mon-Fri, 6/26-7/7 (no class 7/4)

10:00am-11:45am

\$135

Mon-Fri, 7/10-7/21

3:00pm-4:45pm

\$145

Teacher: Brian Ahumada

### DIGITAL DESIGNS (USING ADOBE INDESIGN)

GRADES 5-12

Ever wonder how people create those cool posters for movies, or how magazines even come to life? Wonder no more, as Adobe InDesign is your best friend for all things design and creativity! With this software, students will learn how to create basic digital designs for various uses, such as pamphlets, books, posters, art, etc. Not only can you make really amazing things using this program, but it will give you a glimpse of what a career in graphic design might be like.

Mon-Fri, 6/26-7/7 (no class 7/4)

3:00pm-4:45pm

\$135

Teacher: Brian Ahumada



# CHILD / TEEN CLASSES

## COMPUTERS

### CREATE YOUR OWN WEBPAGE (INCLUDING BLOGS & PODCASTS!)

**GRADES 5-12**

Get ready to share your thoughts with your family and friends by creating your own dynamic and interactive web page! Designing your own personalized website for the internet takes a little practice, but once you get the hang of it, it can be a lot of fun! You will learn how to create quick loading pages on WordPress as well as learning how to design, customize and write your own blog and/or podcast! You will pick your own topic and become a master of the web! By the end of class, you will have your own web page and personalized URL.

Mon-Fri, 6/26-7/7 (no class 7/4) 1:00pm-2:45pm  
\$135

**Teacher: Brian Abumada**

### ROBOTICS: LEVEL I

**GRADES 6-9**

Students will learn to create and build LEGO robotics utilizing machine-tools and engineering design software. Students will also use software to program their robots and compete against other students in the class. Students work in teams of 3-4 and learn valuable skills such as how to creatively team with other students in addition to practical skills in manufacturing technology, mathematics and engineering.

Mon-Fri, 6/26-7/7 (no class 7/4) 1:00pm-2:45pm  
\$135

**Teacher: Julio Guzman**

### ROBOTICS: LEVEL II

**GRADES 6-9**

In this class you will be expanding on what you learned in the Robotics Level I class. You will learn how to use basic electronics to design and program a "BoeBot" to find its way through mazes and other challenges. Working in teams, students construct a working robot, write computer programs to control the robot, and work with advanced electronic circuits to solve navigation and science problems.

**Prerequisite:** Students must have taken a previous Robotics class to enroll.

Mon-Fri, 6/26-7/7 (no class 7/4) 3:00pm-4:45pm  
\$135

**Teacher: Julio Guzman**



### DIGITAL ARTS USING PROCREATE

**GRADES 5-8**

Students will be introduced to the medium of digital art, learning the basics of the fun and popular iPad art app "Procreate". Students will learn to use formats, digital brushes and hand gestures as some of the many fun art tools as well as various techniques.

Making creative art projects from the day of introduction, advancing to art works with composition, lighting, shadow and visual effects, ending with every student creating their own animation.

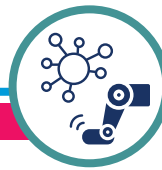
Mon-Fri, 6/26-7/7 (no class 7/4) 10:00am-11:45am  
\$135

Mon-Fri, 7/24-8/4 3:00pm-4:45pm  
\$145

**Teacher: Cristian Equihua**

# CHILD / TEEN CLASSES

## COMPUTERS



### ENGINEERING DESIGN WITH CAD

*GRADES 5-8 OR 9-12*

Does your son or daughter love computers and drawing? Perhaps considering a job someday in the fields of engineering design, computer science or manufacturing technology? This might just be the class for them to foster those interests! Students will learn to design and create computer drawings utilizing a CAD (Computer Assisted Drafting) engineering design software.

The younger students will learn how to use the software to program and design various items such as toys, a play center

that one would see at a park, in addition to learning how to create buildings in a city. The older students will learn how to design a home, a layout of a home, add furniture and other decorative items. They will also learn to design a simple home exterior, kitchen, custom rooms, and more.

Students will work in-person increasing their skills in mathematics, technology and engineering.

**Note:** *Students must have a gmail account.*

*GRADES 5-8*

Mon-Fri, 7/24-8/4  
\$139

3:00pm-4:45pm

**Teacher:** *Julio Guzman*

*GRADES 9-12*

Mon-Fri, 6/26-7/7 (no class 7/4) 10:00am-11:45am  
\$129



## COLLEGE PREPARATION

### NATURAL "A'S"

*GRADES 4-11*

Any student can significantly improve grades, self-confidence, and chances for scholarships and college admissions by performing academic skills in alignment with the brain's natural patterns. This makes Note-taking, Reading, Studying, Memorizing and Test-taking amazingly efficient. Also discover simple methods for understanding math, science, literature, history, and other subjects; increasing focus and concentration; and eliminating test anxiety. Students of all ages describe this class as "awesome," "necessary," and "easy to understand."

Sun, 8/6, 9:00am-12:00pm  
\$55 (plus \$30 material fee, payable upon registration).

**Teacher:** *Curtis Adney*







# CHILD / TEEN CLASSES

## ENRICHMENT

### NOW YOU'RE COOKING! JR. CHEF

#### GRADES 1-4

The ability to follow directions is one of the most important skills for a child to have in order to be successful in schoolwork. Cooking is a great way to acquire the skill along with math and reading comprehension skills.

Students will learn how to make tasty and healthy snacks like veggie lasagna, veggie egg rolls, biscotti, frittatas, blondies, bread in a bag with homemade butter, pizza dough and pizza, and apple dumpling bake. Students will make a small recipe book to start building on the items they have learned to make. Best of all, they get to eat what they make!

**Note:** Food items listed are examples, actual recipes may differ.

Mon-Fri, 6/26-7/7 (no class 7/4) 10:00am-11:45am  
\$129

Mon-Fri, 7/10-7/21 10:00am-11:45am  
\$139



### NOW YOU'RE COOKING! ELEMENTARY CHEF

#### GRADES 5-8

Your child is ready to expand their cooking skills with more independence! They will continue to establish the basic cooking concepts with preparation, measurement, and general food safety. This class will explore various techniques of cooking with different kitchen tools and appliances. They will learn the importance of healthy nutrition, planning a menu and grocery shopping within a budget.

Students will learn how to make tasty and healthy snacks like veggie lasagna, veggie egg rolls, biscotti, frittatas, blondies, bread in a bag with homemade butter, pizza dough and pizza, and apple dumpling bake...and will create small recipe book to start building on the items they have learned to make. Best of all, they get to eat what they make!

**Note:** Food items listed are examples, actual recipes may differ.

Mon-Fri, 6/26-7/7 (no class 7/4) 1:00pm-2:45pm  
\$129

Mon-Fri, 7/10-7/21 1:00pm-2:45pm  
\$139

**Teachers:** Ester Moreno



### CREATING A MONEY MINDSET: MONEY MANAGEMENT FOR TEENS/YOUNG ADULTS (online)

#### AGES 15-22

Money doesn't buy happiness, but it does buy everything else. Getting started with healthy habits is fundamental to long term financial success. In this class we will discuss the different types of income, credit, savings and checking. We will cover how to build a personal budget that will help you work towards your immediate financial goals like saving for a Playstation 5 or an iPhone and your bigger goals like paying for college or buying a car.

Sat, 6/17  
\$39

10:00am-1:00pm

**Teacher:** Pamela Rodriguez is a financial planner and investment advisor with over 14 years experience. She is passionate about financial literacy and believes that it is instrumental in helping people make better financial decisions.

### ACTING FOR SOCIAL MEDIA



#### GRADES 9-12

Starting a new YouTube channel, or looking to upgrade your content? This class focuses on acting techniques for film and television to create short-form content for your social media platforms. Learn to create, edit, and upload video content. Practice screenwriting techniques to write your scripts. Gain confidence sharing your content with a group of peers and grow your online presence.

Mon-Fri, 7/24-8/4  
\$139

1:00pm-2:45pm

**Teacher:** Trishana Horton

*It was very interesting.  
We got to cook foods that  
were quick and easy.  
This class was amazing.  
Amanda*

# CHILD / TEEN CLASSES

## MUSIC



### PIANO: INTRODUCTION

#### GRADES 1-8

This class is for students with no piano/music experience. Lessons include activities related to reading notes, rhythm and music symbols. Listening skills and keyboard activities will be included.

6-Sat, 5/6-6/17 (no class 5/27) 10:05am-11:05am  
\$69 (plus \$5 material fee, payable upon registration).

OR

6-Sat, 7/8-8/19 10:05am-11:05am  
\$69 (plus \$5 material fee, payable upon registration).

Teacher: Katarina Giesler



### PIANO: BEGINNING

#### GRADES 1-8

Sequel to Piano Introduction. Upon entering this class, students should be able to count quarter, half and whole notes. Students should be able to name the white notes on the keyboard and read notes on the staff in Middle C Position.

6-Sat, 5/6-6/17 (no class 5/27) 11:10am-12:10pm  
\$69 (plus \$5 material fee, payable to Teacher).

OR

6-Sat, 7/8-8/19 (no class 7/29) 11:10am-12:10pm  
\$69 (plus \$5 material fee, payable upon registration).

Teacher: Katarina Giesler

*Mrs. Giesler is very friendly  
and after just one lesson she  
knew what I was good at and  
what I needed to work on.*

Maya



### PIANO: INTERMEDIATE

#### GRADES 3-8

Sequel to Beginning/Intermediate Piano. Upon entering this class, students should be able to read all notes on the lines and spaces of the grand staff and be able to identify intervals (leaps in the music) up to a 5th.

6-Sat, 5/6-6/17 (no class 5/27) 12:15pm-1:15pm  
\$69 (plus \$5 material fee, payable upon registration).

OR

6-Sat, 7/8-8/19 (no class 7/29) 12:15pm-1:15pm  
\$69 (plus \$5 material fee, payable upon registration).

Teacher: Katarina Giesler



### GUITAR: INTRODUCTION/BEGINNING

#### AGES 14 TO ADULT

Learn to play guitar in a friendly and supportive environment. Whether you are just learning to play, or want to improve your skills, this class is for you. You'll learn to play chords, single note melodies and strum styles. No musical experience required.

*You must bring your own acoustic guitar.*

6-Sat, 5/6-6/17 (no class 5/27) 9:00am-10:00am  
\$69 (plus \$5 material fee, payable upon registration).

OR

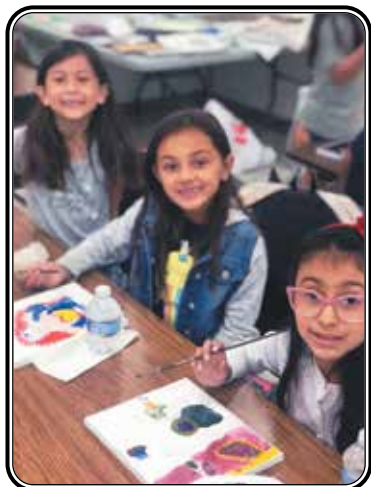
6-Sat, 7/8-8/19 (no class 7/29) 9:00am-10:00am  
\$69 (plus \$5 material fee, payable upon registration).

Teacher: Katarina Giesler



# CHILD / TEEN CLASSES

## ART



### DRAWING & PAINTING FUNDAMENTALS

#### GRADES 1-3 & 4-8

Students will learn fundamentals of drawing and painting while experiencing different mediums. We will be drawing on a daily basis, as practice is the best way to learn to draw. Yet we will expand to different mediums with every new project. The materials we will be using will be pencils, graphite blocks, charcoal, chalk pastels, sumi ink, watercolor and acrylic paint. The projects will be created on different surfaces such as charcoal paper, rice paper, watercolor paper and canvas.

#### GRADES 1-3

Mon-Fri, 7/24-8/4 10:00am-11:45am  
\$139

#### GRADES 4-8

Mon-Fri, 7/10-7/21 8:00am-10:45am  
\$139

Mon-Fri, 7/10-7/21 3:00pm-4:45pm  
\$139

**Teacher: Carlos Durazo**

### ILLUSTRATION

#### GRADES 3-8

Making illustrations is a fun, but challenging process. This class will introduce the basics of drawing and build your own artistic vocabulary. Discover new art-making techniques with pencil, marker, colored pencil, charcoal and watercolor. By the end of this class, you will have your own art portfolio to take with you displaying your own personal style!

Mon-Fri, 6/26-7/7 (no class on 7/4) 1:00pm-2:45pm  
\$129

Mon-Fri, 7/10-7/21 1:00pm-2:45pm  
\$139

**Teacher: Cris Equibua**

### 3D PAPER ART CREATIONS

#### GRADES 3-8

In this 3D paper craft workshop, students will see how versatile and fun paper can be for building original custom crafts, models and designs. With paper and other materials, students will create unique projects based on their favorite characters or interests all the while having fun. Through working on these projects, students will benefit by developing strong problem solving skills, conceptual design skills, motor skills and learn about three-dimensional art.

Mon-Fri, 6/26-7/7 (no class 7/4) 3:00pm-4:45pm  
\$129

Mon-Fri, 7/10-7/21 3:00pm-4:45pm  
\$139

**Teacher: Cris Equibua**



### COMIC BOOK & ANIME ART

#### GRADES 3-9

Here's your chance to create your very own comic book characters/strips and learn to draw your very own anime characters! You will learn step-by-step drawing, shading with pencil, facial expressions, and how to create original comic characters and strips. I'll show you how to use simple geometric forms to create cartoon characters in popular Japanese anime style.

You will come up with your own characters as well as learn how to draw dynamic movements and actions. By the end of this class, you will have your own art portfolio to take with you displaying your own personal style!

Mon-Fri, 6/27-7/7 (no class on 7/4) 8:00am-9:45am  
\$129

Mon-Fri, 7/10-7/21 8:00am-9:45am  
\$139

Mon-Fri, 7/24-8/4 1:00pm-2:45pm  
\$139

**Teacher:**



### PHOTOGRAPHY

**GRADES 5-12**

Whether you have a digital single lens reflex, a point and shoot, or Smartphone camera you will have fun developing your photographic eye for creating exciting dynamic images. Each day students will use their own cameras to participate in photo shoot skill building sessions. Learn cool techniques for shooting "selfies", setting automatic and manual camera exposure modes, and compositional strategies. Simple methods for transferring images from the camera to the computer, creating slideshows, and the use of apps and web based editors will be covered. Students must bring to every class meeting: a camera and the user's guide, the camera's USB connector cable and extra batteries. All attendees will take home one completed project print.

Mon-Fri, 6/26-7/7 (no class on 7/4) 8:00am-9:45am  
\$135

**Teacher: Brian Abumada**

### BEGINNING WATERCOLOR

**GRADES 1-4 OR GRADES 3-8**

This class provides step-by-step instruction in the fundamentals of watercolor painting. This course enables a beginner to achieve confidence and to enjoy painting with watercolors. There will be live demonstrations, painting exercises and project paintings that use different techniques. Students will be guided and supported throughout the class.

**GRADES 1-4**

Mon-Fri, 6/26-7/7 (no class 7/4) 1:00pm-2:45pm  
\$129

**GRADES 3-8**

Mon-Fri, 7/10-7/21 1:00pm-2:45pm  
\$139

**Teacher: Carlos Durazo**

### CERAMICS: EXPRESSIONS THROUGH SCULPTURE

**GRADES 5-12**

Bring clay to life by exploring the virtually limitless world of functional art through ceramics sculpture. This class is designed to give students an opportunity to express their creativity; they will learn a variety of hand building techniques such as pinching, slab construction, and coiling. Students will also learn different surface decorative techniques like: sgraffito, stenciling, impressed texture, slip painting, and dry-brushing. Students will also be shown various styles of glazing techniques.

Mon-Fri, 6/26-7/7 (no class on 7/4) 1:00pm-1:45pm  
\$135

Mon-Fri, 7/10-7/21 1:00pm-2:45pm  
\$145

Mom-Fri, 7/24-8/4 1:00pm-2:45pm  
\$145

**Teacher: Anthony Gonzalez**

### CERAMICS: CREATING THROUGH THE WHEEL

**GRADES 5-12**

Spin your creative wheels and join us for this great, hands-on class. You will learn a variety of ceramic building techniques that will introduce you to wonderful the world of art through ceramics. Students will learn techniques in hand building and the potter's decorative techniques such as sgraffito, mishima, slip painting, and stamp texture. Students will also learn various kinds of glazing techniques and have the opportunity to fire their projects the second week of class.



Mon-Fri, 7/10-7/21 10:00am-11:45am  
\$145

Mon-Fri, 7/24-8/4 10:00am-11:45am  
\$145

**Teacher: Anthony Gonzalez**

*This class was one of my favorite classes overall. I learned so many things, and I got to surprise my family with my creative pieces I made. Ally*





# CHILD / TEEN CLASSES

## ATHLETICS & MOVEMENT



### KARATE FOR KIDS

#### GRADES 1-3 AND 3-7

Karate is a great physical activity where children can learn discipline while learning skills to protect themselves. We take our Ultimate Kenpo style and use it as a tool to empower your child physically, mentally and emotionally. This class will also provide safety talks to make them more aware of their surroundings by helping them to become street smart. Karate is a constructive and fun way for your child to burn off energy while becoming more safe and confident in their environment.

Mon-Fri, 6/26-7/7 (no class on 7-4) 8:00am-9:45am  
\$129

Mon-Fri, 6/26-7/7 (no class 7/4) 10:00am-11:45am  
\$129

**Teacher:** *Marcus Rubio*

### BASKETBALL

#### GRADES 3-6 OR GRADES 7-12

Learn the basic fundamentals of the popular sport of basketball: dribbling, passing, shooting, and more! Team play will be emphasized, along with individual drills for skill building. Students will be evaluated at the beginning to find their skill level and will be teamed up with others at that same level.



*Wear clothes you are able to move about in easily, and bring a water bottle and a towel.*

#### GRADES 3-6

Mon-Fri, 6/26-7/7 (no class 7/4) 10:00am-11:45am  
\$129

Mon-Fri, 7/24-8/4 10:00am-11:45am  
\$139

#### GRADES 7-12

Mon-Fri, 7/10-7/21 10:00am-11:45am  
\$139

**Teacher:** *Kyle Tunnel*

### TENNIS

#### GRADES 1-4 OR GRADES 5-10

This class is designed for beginning through low intermediate level players. Your child will learn and work on the fundamentals of tennis techniques like backhand, forehand, volley and serving skills. They'll also learn game strategies and court etiquette. Singles and doubles skills will be emphasized.

**Note:** *Bring a tennis racquet and water bottle to class each day.*

#### GRADES 1-4

Mon-Fri, 6/26-7/7 (no class on 7/4) 8:00am-9:45am  
\$129

Mon-Fri, 7/10-7/21 8:00am-9:45am  
\$139

Mon-Fri, 7/26-8/4 8:00am-9:45am  
\$139

#### GRADES 5-10

Mon-Fri, 6/26-7/7 (no class 7/4) 10:00-11:45am  
\$129

Mon-Fri, 7/10-7/21 10:00-11:45am  
\$139

Mon-Fri, 7/24-8/4 10:00-11:45am  
\$139



### ICE SKATING FOR BEGINNERS

#### AGES 5-17

Learn to ice skate with us at East West Ice Palace this spring. Our skating school offers classes for all age groups from toddlers to adults. Come alone or sign up the whole family and have fun together! You will begin with the fundamentals and progress to more advanced skills.

**Bonus:** *Free rental skates and free open skate for practice from 2-5pm on Wednesdays before your class!*

5-Wed, 6/7-7/12 (no class 7/5) 5:10pm-5:40pm  
OR

5-Wed, 7/19-8/16 5:10pm-5:40pm

East West Ice Palace  
\$70 (includes skate rental & open skate time).

**Teachers:** *East/West Ice Palace Teachers*





### SUMMER SWIM LESSONS

Come take swimming lessons in a state-of-the-art Division 1 Olympic pool.

Classes are taught by Cerritos College aquatic staff and certified swim instructors/lifeguards.

**2-Two Week Sessions: July 10th – July 21st & July 24th – Aug. 4th \$115 for 10 lessons!**

**That is approximately \$11 per session (the best deal in town).**

**\$25 for Fish Out of Water before/after swim fun**

#### MOMMY (OR DADDY) & ME! (30 MIN. LESSON)

Children between the ages of 6 months to 3 years can participate with a parent or guardian. Students will learn to adjust to the water environment and learn good safety habits.

Weekday classes (Mon-Fri)

1:00pm-1:30pm                      2:15pm-2:45pm

***Note:** Children are required to wear swim diapers during each lesson - no regular diapers allowed, as they will break apart in the pool.*

#### LEVEL 1 (30 MIN. LESSON)

*AGES 4-17 (note: only children in grades 1-12 can participate in college for youth)*

Beginners who are experiencing the water for the first time or are unable to put their face under the water. Students will learn to become comfortable with basic water skills (floating, gliding, kicking, and basic arm movements) and learn good safety habits.

Weekday classes (Mon-Fri)

1:00pm-1:30pm\*                      1:35pm-2:10pm\*  
2:00pm-2:30pm\*                      2:55pm-3:25pm  
3:30pm-4:00pm

#### LEVEL 3 (30 MIN. LESSON)

*AGES 4-17 (note: only children in grades 1-12 can participate in college for youth)*

Students can perform level 2 skills, including retrieving objects from shallow water. Students will increase the distance they can swim the front crawl with side breathing and back crawl, learn the elementary backstroke, how to dive into deep water, and how to change directions in the water. They will be introduced to the breaststroke and dolphin kicking.

Weekday classes (Mon-Fri)

1:00pm-1:30pm\*                      1:35pm-2:10pm\*  
2:15pm-2:45pm\*                      2:55pm-3:25pm  
3:30pm-4:00pm

#### LEVEL 2 (30 MIN. LESSON)

*AGES 4-17 (note: only children in grades 1-12 can participate in college for youth)*

Students can perform Level 1 skills and are able to relax and hold their breath under water. They will improve in their ability to float, glide and flutter kick and do the basic crawl stroke arm movements on the front and back, unassisted. Students will be introduced to rhythmic breathing.

Weekday classes (Mon-Fri)

1:00pm-1:30pm\*                      1:35pm-2:10pm\*  
2:00pm-2:30pm\*                      2:55pm-3:25pm  
3:30pm-4:00pm

#### LEVEL 4 (30 MIN. LESSON)

*AGES 4-17 (note: only children in grades 1-12 can participate in college for youth)*

Students can perform level 3 skills. Further refinement of basic strokes-front crawl, back crawl, and elementary backstroke. Introduction to the breaststroke and the butterfly stroke will begin.

Weekday classes (Mon-Fri)

1:00pm-1:30pm\*                      1:35pm-2:10pm\*  
2:15pm-2:45pm\*                      2:55pm-3:25pm  
3:30pm-4:00pm

#### DIVING (45 MIN. LESSON)

*AGES 8-18*

Essentials of springboard diving for preteens & teens (ages 8-18). Must be able to swim in deep water. Students must be able to perform level 3 skills or higher.

Weekday classes (Mon-Fri)

1:30pm-2:15pm\*

#### WATER POLO (45 MIN. LESSON)

*AGES 8-18*

Learn the basics of one of the greatest sports in the world! Swimming strength and endurance will improve. Students must be able to perform level 3 skills or higher.

Weekday class (Mon-Fri)

2:15pm-3:00pm

#### \*FISH OUT OF WATER (before/after swim fun)

Learn the foundation of dryland swim training through on land movement exercises. Develop skills that will assist in coordination, balance, stability, spatial awareness, and strength

\*If your child's swim class is between 1:00pm-2:45pm and they do not have another class until 3:00pm, our College for Youth staff can take them and pick them up from the pool; they must be registered for Fish Out of Water or you can drop them off and pick them up directly from the pool and enrollment in Fish Out of Water is not required.

If they take a swim class between 2:55pm-4:00pm, you can enroll them in Fish Out of Water, but you are responsible for taking them and picking them up from their swim class.



# CHILD / TEEN CLASSES

## ATHLETICS & MOVEMENT

### DANCE AROUND THE WORLD



GRADES 1-5

This energetic class combines dance and learning about different cultures in a fun and interesting manner. Children will learn a variety of dances such as Hawaiian, Flamenco and others. No dance experience needed, just a willingness to try something new.

Mon-Fri, 7/10-7/21  
\$139

Teacher: Ethel Wade



### TOOTSIE ROLLERS

AGES 18 MONTHS - 3 YEARS

PARENT PARTICIPATION REQUIRED

Let's MOVE! This class is jam-packed with music, movement and Tumble-N-Fun! Together, we'll tumble-roll-balancebounce-sing-hop-jump and enjoy safe, creative fun + music! Your toddler will learn to express themselves through creative play to gain balance, coordination and social interaction. Join us and be a "Tumble-N-Kid!"

5-Sat, 5/20 - 6/24 (no class on 5/27) 11:00am-11:45am  
\$60 (plus \$2 material fee, payable upon registration).

6-Sat, 7/15 - 8/19 11:00am-11:45am  
\$70 (plus \$2 material fee, payable upon registration).

Teachers: Tumble-N-Kids, Inc.

### TUMBLE STARS

AGES 3.5 TO 5 YEARS

SOME PARENT PARTICIPATION MAY BE REQUIRED

Girls and boys are introduced to gymnastics in a safe, fun, age-appropriate atmosphere. Tumbling skills, "Position of the Day," rolls, balance beam, beginning cartwheels and more! Gymnastic skills are a great foundation for all sports! Lively music, props and creative play help students develop body control, flexibility, strength, coordination and balance. Class encourages confidence and fitness while teaching valuable skills to take them to the next level! Progressive skill level instruction helps "Tumble Stars" happily zoom to confidence, pride and success-high 5's for everyone!

5-Sat, 5/20 - 6/24 (no class on 5/27) 11:45am-12:30pm  
\$60 (plus \$2 material fee, payable upon registration).

6-Sat, 7/15 - 8/19 11:45am-12:30pm  
\$70 (plus \$2 material fee, payable upon registration).

### JAMMIN' GYMNASTS

AGES 8-10; NO PARENT PARTICIPATION

Girls and boys safely learn age-appropriate gymnastic skills including floor-tumbling, cartwheels, bridge/backbends, rolls, handstands, balance beam, trampoline and more. Beginners welcome! Gymnasts experience the benefits of healthy exercise, strength, coordination, agility, and balance while building self-confidence - valuable skills for all sports! Music and obstacle courses make learning FUN while progressive skill instruction enhances individual accomplishment, creating confidence and success.

5-Sat, 5/20 - 6/24 (no class 5/27) 12:35pm-1:35pm  
\$75 (plus \$2 material fee, payable to Teacher).

6-Sat, 7/15 - 8/19 12:35pm-1:35pm  
\$90 (plus \$2 material fee, payable to Teacher).v

Teachers: Tumble-N-Kids, Inc.

### CHEERNASTICS

AGES 8-12

All levels welcome! Experienced coaches safely teach stunts, jumps, cheers, arm motions, and gymnastic skills. Primary tumbling skills include cartwheels, round offs, handsprings, walkovers, and routines! A great class to take in addition to the Jammin' Gymnasts class. Performance on last day!

5-Sat, 5/20 - 6/24 (no class 5/27) 1:35pm-2:35pm  
\$75

6-Sat, 7/15 - 8/19 1:35pm-2:35pm  
\$90 (plus \$2 material fee, payable to Teacher).

# PROFESSIONAL DEVELOPMENT

## BUSINESS & MANAGEMENT

### PROJECT MANAGEMENT CERTIFICATE SERIES

20-hour Project Management certificate upon completion of four courses

**SERIES DISCOUNT:** save 10% for registering for the series!

#### PROJECT MANAGEMENT INTRODUCTION

Businesses use project management to manage projects and achieve outcomes typically with limited resources and under critical time and cost constraints. This introductory class will provide you with an overview of the key concepts and terminologies of Project management. You will learn the basics of project management related to the project approach within different organizational structures and environments with their respective strategy of governance, and how their goals and objectives dictate project success.

##### In this class, you will learn about:

- The skills and responsibilities of a project manager
- Who are stakeholders and how they influence projects
- How a project team is formed and developed
- Differences between project and product life cycles
- How projects are created and selected
- Make your projects effective and complete successfully

Sat, 7/8

\$85 (plus a \$25 material fee, payable upon registration).

#### PROJECT REQUIREMENTS AND PLANNING MANAGEMENT

The primary contributors to challenged and failed projects are poor, ill-defined requirement definitions and failure to adequately plan to properly execute on the project. This class will provide you with the knowledge, tools and techniques required to minimize or avoid requirements related problems. Proper advance planning on a project guides its execution toward ensuring its successful performance.

##### In this class, you will learn about:

- Development of the project's requirements
- How to create the project charter
- Role of Work Breakdown Structure (WBS) and its components to link project's deliverables, scope, requirements and work
- The major elements of a project management plan
- How to manage changes to the baseline plans

Sat, 7/15

\$85 (plus a \$25 material fee, payable upon registration).

#### PROJECT TIME AND COST MANAGEMENT

Time and cost represent two-thirds of a project's triple constraint. Building a time schedule to meet the project plan is a group technique that requires project manager's leadership skills and attention to the big picture as well as the details. In addition, financial viability is a priority concern of stakeholders examining a project, so Project Cost Management is primarily concerned with the cost of labor and material resources needed to complete the project work.

##### At the end of this class, you will be able to:

- Create network diagrams relating project activities
- Identify the critical path for the project and how to reduce it
- Distinguish between static (waterfall) and dynamic (agile) scheduling
- Implement cost estimating techniques to develop an estimate
- Use Earned Value Management (EVM) method to measure project performance and to forecast remaining work on the project

Sat, 7/22

\$85 (plus a \$25 material fee, payable upon registration).

#### MANAGING QUALITY AND RISKS IN PROJECTS

Managing quality in projects is to ensure the project's product conforms to the intended requirements as well as meets (or even exceeds) the expectations of its customer. All projects are inherently risky due to their unique characteristics, so managing the negative risks (threats) by mitigating them while enhancing the positive risks (opportunities) helps the project manager maximize the probability of achieving overall project objectives.

##### At the end of this class, you will be able to:

- Define costs of quality, conformance and non-Conformance
- List 7 basic quality control tools and how to apply them
- Know various risk categories and what risk register is
- Perform qualitative and quantitative assessments of risk events
- Select appropriate response for a given risk event

Sat, 7/29

\$85 (plus a \$25 material fee, payable upon registration).

### SERIES DISCOUNT:

**Sign up for the PROJECT MANAGEMENT SERIES**  
to register for all four classes on this page  
**and save 10%! (\$305 for the series)**

**Instructor:** Ajay Bengali holds a Ph.D. degree in Engineering and has 40+ years of industrial technical experience in Aerospace industries. He holds Project Management Professional (PMP) credentials from the Project Management Institute (PMI) and is currently an independent Project Management consultant.

# PROFESSIONAL DEVELOPMENT

## BUSINESS & MANAGEMENT

### HOW TO START ANY HOME BASED BUSINESS + 250 HOME BUSINESS IDEAS (online)

Tired of working for someone else? Do you need to make more money? Turn your talents and hobbies into profits by starting a home business. Taught by a Chamber of Commerce Past President and award-winning business owner, this is probably the most comprehensive business startup workshop you will ever find.

#### You will discover:

- More than 250 legitimate home business ideas.
- Mandatory legal documentation.
- Many ways to market your product/service.
- How to take tax deductions (this workshop included!).

Wed., 3/8 6:00pm-8:00pm  
\$49 (plus \$10 material fee, payable upon registration).

Tues, 7/11 4:00pm-6:00pm  
\$49 (plus \$10 material fee, payable upon registration).

*Instructor: LeeAnne Krusemark.*

### MAKE \$MONEY\$ WITH A VIRTUAL ASSISTANT/WORD PROCESSING BUSINESS (POST-REQUISITE) (online)

If you can type, then you can make money at home using your computer. You will discover how and where to find clients, 50 ways to advertise/market your services, effective home office equipment choices, and 100 ways to make money with a computer. There really is a need for your services, so learn to be your own boss, set your own hours, and make more money. Informative handouts for future use are included in class fee. The webinar login information will be emailed the day before class. Note: Participants must also attend "Explore 250 Legitimate Home-Based Business Ideas" for a clear understanding of this endeavor.)

Tues, 7/11 6:00pm-7:00pm  
\$39 (plus \$10 material fee, payable upon registration).

*Instructor: LeeAnne Krusemark is an author, speaker, business owner, Chamber of Commerce Past President, and guest instructor at more than 200 colleges.*



### SMALL BUSINESS WORKSHOP: START YOUR BUSINESS IN JUST ONE WEEKEND



*FOR THOSE WITH A SOLID BUSINESS PLAN IN MIND*

Do you have a business idea but you don't know where to start? We can help you with that! In just ONE WEEKEND, you can learn the essential steps to starting your own business. Starting from just an Idea, you will gain the tools to transfer the vision into a full concept. You will learn the necessary tools needed to be compliant, competitive, fiscally efficient and effective in setting up your very own business venture.

#### In addition, you will learn:

- Business structure.
- Industry research.
- Network Seminars.
- Elements of a Business plan.
- How to obtain capital resources.

Learn from a seasoned professional who has years of experience running their own business as well from other students eager to become successful entrepreneurs.

Sat & Sun, 7/21-7/22 7:00am-2:00pm  
\$175 (plus \$30 materials fee, payable upon registration).



# PROFESSIONAL DEVELOPMENT

## LEADERSHIP SKILLS

### HOW TO DEVELOP SKILLS OF A SUCCESSFUL LEADER

#### CERTIFICATE AWARDED

To be an effective leader today is to empower, show by example, communicate, and coordinate resources to achieve success. How does a leader lead? How does the leader influence the team?

#### Learn how to:

- Develop the qualities of highly successful leaders
- Shift leadership styles when necessary
- Help others manage change
- Delegate and motivate
- Administer discipline
- Communicate your leadership
- Recognize, reward and celebrate victories

Leadership is the art of influencing people to follow you willingly and eagerly. The leader wears several hats as developer, coach, visionary guide, facilitator, expeditor, and planner. Leadership skills can be learned.

Sat, 6/17 8:00am-10:30am  
\$55 (plus \$25 material fee, payable to the instructor).

### ESSENTIAL SKILLS OF MASTERFUL COMMUNICATION

#### CERTIFICATE AWARDED

The need to communicate with impact is one of the most difficult challenges we encounter...and the one that will lead to the greatest rewards. Most of what we do, we do in the context of a relationship. Communication is the key to all relationships. To be successful in your endeavors you need to become an effective communicator.

#### Topics include:

- Projecting a positive, confident image
- How to communicate with difficult people
- How to reduce fear barriers to effective presentation
- Which communication style to use and when
- Keys to better listening skills
- The power of non-verbal signals

Sat, 6/17 11:00am-1:30pm  
\$55 (plus \$25 material fee, payable upon registration).

### EQUITY AND DIVERSITY IN THE WORKPLACE

#### CERTIFICATE AWARDED

With the ever-changing dynamics in society, it's more important than ever to acknowledge the importance of equity and diversity. Recognizing and respecting diverse cultures and their individual differences is key for today's the workplace. This course will build understanding, inform participants of the differences in the workplace, and use activities and dialogue to build skills on how best to acknowledge various scenarios from the perspective of others.

Sat., 6/24 8:00am-10:30am  
\$55 (plus \$25 payable upon registration).

### COMMUNICATE WITH DIFFICULT PEOPLE WITH TACT AND SKILL

#### CERTIFICATE AWARDED

What would life be if the world weren't full of difficult people? In this seminar, we will focus on ways to analyze types of difficult behavior. You will learn constructive ways to communicate with difficult people and the powerful tools of pacing, paraphrasing and inquiry.

#### Topics include:

- Difficult people in your life, their specific behaviors and your reaction to their behaviors
- Three models of face-to-face communication
- Guidelines to confront anyone about anything
- Task vs. people; passive vs. aggressive; behavioral analysis (Modified Myers-Briggs individual exercise)
- Tips for how to communicate with each personality type: director, entertainer, supporter, analyst
- How to deal with specific situations, such as an angry person or a backstabber

Sat, 6/24 11:00am-1:30pm  
\$55 (plus \$25 material fee, payable upon registration).

### **SERIES DISCOUNT:**

**Register for LEADERSHIP SERIES**

*(all four classes at the same time)*

**and save 20%! (\$176 for the series)**

**Instructor: Angela Scott-Betton**, is a credentialed teacher with experience teaching career skills to adults and teens entering and re-entering the job force. She has presented workshops focusing on computer skills, effective communication, and problem solving.



### BECOME A NOTARY PUBLIC NOTARY SEMINAR

*CERTIFICATE AWARDED (CPS test administered separately)*

#### **FIVE great reasons to attend the Notary Public training seminar:**

1. Become more valuable as an employee
2. Provide customer service for your organization
3. Start your own business
4. Consider becoming a Notary as an option for income upon retirement
5. Consider becoming a Notary as an option to your resume

This seminar is designed to satisfy California's new requirements including the major changes in Notary affecting ALL California Notaries, such as: what must be done to avoid fines of \$500 to \$10,000, updated laws for identifying signers and thumbprint requirements and new laws regarding renewing commissions and journal entries. **PRIOR TO CLASS**, print out the Secretary of State application, found at [www.sos.ca.gov/notary](http://www.sos.ca.gov/notary). You are encouraged to review (download or print) the Notary Handbook at [www.sos.ca.gov/business/notary/notary\\_hdbk.htm](http://www.sos.ca.gov/business/notary/notary_hdbk.htm). Alternatively, you can request a free copy of the Handbook - contact C.P.S. at (916) 263-3520.

#### **IN-PERSON INSTRUCTIONS:**

1. You must arrive on time to class, late arrivals will be turned away.
2. You must present a valid form of ID in order to take the class: CA Drivers License or ID, Passport, and Military ID are acceptable. Your picture must be clear and must be the same person who checks in.
3. A \$30 materials fee for class materials and certificate, payable to Instructor in cash/check or money order.

Sat, 6/24 8:00am-4:30pm  
\$95 (plus \$30 material fees, payable to the instructor).

Or

Sat, 8/26 8:00am-4:30pm  
\$95 (plus \$30 material fees, payable upon registration).

**Instructor: Kathy Houck**

### NOTARY RENEWAL NOTARY SEMINAR

*CERTIFICATE AWARDED (CPS Test administered separately)*

If you are a Notary Public and your commission is up for renewal, you need to take this class so that you can continue to notarize without penalty or interruption in your commission. We will go over renewal information and supply you with a separate list of all the changes and updates to the Notary laws in the last four years. You must adhere to the same policies as the Notary course (see description to the left).

Sat, 6/24 1:00pm-4:30pm  
\$49 (plus \$30 materials fee, payable upon registration).

Or

Sat, 8/26 1:00pm-4:30pm  
\$49 (plus \$30 materials fee, payable upon registration).

**Instructor: Kathy Houck** has owned and operated her own notary business for over 30 years and has been teaching Notary Law and Regulations for over 20 years.

### BECOME A LOAN SIGNING AGENT *(online)*

*CERTIFICATE AWARDED*

Now that you are a Notary, how do you build and maintain your signing business? This workshop features how to properly notarize loan packages, step by step. Learn how to negotiate your fee, get called back, and brand yourself as a professional in the market.

#### **Topics include:**

- How to develop/build your own business in five easy steps.
- Contacting lucrative and profitable businesses and who your primary contact should be
- Get signed up with successful signing services/agencies that offer assignments

**Prerequisite:** Must have a current Notary Public commission.

Sat, 7/22 9:00am-4:00pm  
\$99, (plus \$60 material & certificate fee, payable upon registration).

**Instructor: Notary Public Seminars, Inc.** has been a leading public course provider for over 15 years. Notary Public Seminars is one of the most widely known companies offering a range of career advancement and self-help courses.

# CAREER ADVANCEMENT

## CAREER TRAINING OPPORTUNITIES

**Learn  
from the  
comfort  
of home!**

- EXPERT INSTRUCTORS
- 24-HOUR ACCESS
- 6 WEEKS OF INSTRUCTION
- COURSES BEGIN MONTHLY
- ONLINE DISCUSSIONS
- CERTIFICATE AWARDED UPON COMPLETION

**COURSE  
COSTS  
RANGE  
FROM  
\$85-\$299**

**ENROLL  
NOW!**



## HUNDREDS OF 6-WEEK ONLINE COURSES...HERE'S JUST A FEW!

A to Z Grant Writing  
Accounting Fundamentals  
Business & Marketing Writing  
Computer Skills for the Workplace  
Digital Marketing Suite  
Entrepreneurship Suite  
Intro to Google Analytics  
Intro to Quickbooks

Certificate in Gerontology  
Certificate in Holistic & Integrative Health  
Handling Medical Emergencies  
Medical Terminology Series

Speed Spanish  
Intro to Interior Design  
Grammar Refresher  
Genealogy Basics  
Discover Sign Language  
Blogging & Podcasting



**to see the complete list of courses,  
their descriptions and to register, go to:**

**ed2go.com/cerritos**

# CAREER ADVANCEMENT

## CAREER TRAINING OPPORTUNITIES

**ProTrain offers certification programs that are designed to help you begin a new high-demand career or advance your current career.**



**Courses are created by Subject Matter Experts and prepare individuals for nationally recognized certifications**

**There are **LIVE ONLINE** and **SELF-PACED** courses available - *you pick what works best for you!***

Our **LIVE ONLINE** courses offer the convenience of online study with an instructor-led course and allow students to interact with both instructors and classmates in real-time. **Students complete training in less than 3 months.**

Our **SELF-PACED** ONLINE courses provide access to all lessons immediately with the freedom to learn from virtually anywhere at your own pace. **Duration of access ranges between 6 -12 months.**

**Here's a few of the LIVE ONLINE and/or SELF-PACED certification programs available:**

**Certified Associate in  
Project Management**

**Project Management Professional**

**Human Resources Professional**

**Medical Billing & Coding**

**Six Sigma Green Belt**

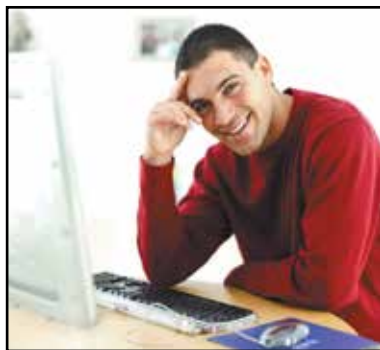
**Bookkeeping Administrator**

**LEED Green Associate Career Prep**

**ServSafe Manager**

**DayCare Administration Career Prep**

***Tuition  
Assistance  
options  
available!***



**To see the full list of LIVE and SELF-PACED online programs, read full program descriptions, and/or to register, go to**

**[cerritos.theknowledgebase.org](http://cerritos.theknowledgebase.org)**

# CAREER ADVANCEMENT

## CAREER TRAINING OPPORTUNITIES



### BUYING INCOME PROPERTY – THE BASICS

Find out what you need to know to maximize the rental income and the tax deductions on the purchase of income property. Learn the investment analysis terminology: GRM, cap rate, DSC, NOI, tax bracket, tax shelter, ROI. You will learn about the landlord rental incentives and the opportunities in the IRS-designated Opportunity Zones. This workshop is designed for first time investors, current property owners & real estate agents.

Sat, 6/10 11:00am – 2:00pm  
\$55 (plus \$39 material fee, payable upon registration).

**Instructor:** *Carmen Hill, President of CitiHousing Real Estate Services, has had a varied real estate career spanning over 35 years. She has worked for financial institutions and nonprofit organizations and is currently a real estate broker, specializing in government housing programs and foreclosures.*

### BALLOON DÉCOR AND MORE – ADVANCED CLASS

(NOT RECOMMENDED FOR BEGINNERS)

Are you ready to take your balloon skills to the next level and decorate like the pros? In this class, you will learn how to make stunning centerpieces, balloon sculptures, large balloon bouquets, deluxe balloon garlands and balloon walls. Come decorate with me!

2-Sat, 7/8 & 7/15 10:00am-1:00pm  
\$55 (plus \$15 materials fee, payable upon registration)

**Instructor:** *Yvette Mack, CBA (Certified Balloon Artist), has been providing balloon Decor for over 20 Years. She specializes in Classic Balloon Decor and Organic balloon designs.*

### WHAT WERE YOU BORN TO DO?

AGES 16 TO ADULT

You were born to make a unique contribution to humanity. Progressing toward this purpose brings joy and abundance. Straying from it causes stress and emptiness. To accomplish this mission, one of the 33 Natural Talents® is wired into your DNA. It is so subtle, you rarely notice it; yet so powerful, it's the source of your highest potential. Elvis, Oprah, and Einstein were all just "doing what comes naturally." Expressing your Natural Talent ignites passion & pursuing it relentlessly evolves into your destiny-which magnetically attracts all your heart's desires.

Sun, 8/6 1:00pm-4:00pm  
\$55 (plus \$30 material fee, payable upon registration).

**Instructor:** *Curtis Adney, M.S., J.D., is a life coach, the author of "Pinpoint Your Destiny," and conducts this seminar regularly across the Western U.S.*





# CAREER ADVANCEMENT

## CAREER TRAINING OPPORTUNITIES

### AUTO WHOLESALE BUSINESS FROM HOME *(online)*

#### DMV CERTIFICATE AWARDED

Come learn how to make extra money buying and selling wholesale cars as a home-based business; learn six easy techniques to earn \$3,000 just selling 2-3 cars a month. Learn how to get your auto dealer license and how to operate a profitable used car business. You will get a FREE list of all the 300 dealer-only auctions in the USA where vehicles sell at below wholesale prices.

This class is DMV approved and you will receive a DMV certificate of completion at the end of class. With the certificate, you can take the 40-question exam with the DMV, and upon passing it, you have one year to apply for a dealer license if you choose to do so.

Mon & Tues, 7/24 & 7/25                      6:00pm-9:00pm  
\$89 (plus \$25 material fee, payable to Instructor).

**Instructor:** *Wayne Williams* has maintained an auto dealer's license for 9 years; insurance agent broker for six years; is a current law school student and a DMV Occupational Licensing approved instructor for five years.



## FILM & TV

### VOICEOVERS INTRO *(online)*

#### ONE-ON-ONE ONLINE CLASS – 90-MINUTE INDIVIDUAL WORKSHOP. REGISTER ONLINE AT ANYTIME 24/7

This introductory one-on-one online workshop covers the different types of voiceovers and what tools are needed to find success in this remote working industry. You will be coached as you read a script and be recorded so you can receive a professional voice evaluation later.

**Requirements:** *Students must have Internet access and video chatting capabilities using a method such as: Zoom, Skype (Win/Mac/Mobile) or iChat/Facetime (Mac/ios). After registering, VFA will contact you to schedule a date and time for your class.*

\$49

**Instructor:** *Voices For All* professional voice actors are known for their fun and informative presenting methods. They have many years of experience in the voiceover industry and are masters at how to make it



*in voice acting.*

*Had a great time. Informative  
- looking forward to joining  
the voiceover community.*

**Caral**



# **INTENSIVE ENGLISH PROGRAM (I.E.P.)**

**DO YOU HAVE A FAMILY MEMBER OR FRIEND WHO WOULD  
LIKE TO LEARN ENGLISH IN CALIFORNIA?**



### **IEP Why Study English at Cerritos College?**

Cerritos College offers the Intensive English Program (IEP), which is a four-month, not for credit program where you will receive 360 hours of Intensive English Language training. You will get instruction customized to your level, helping you to improve on your grammar and speaking abilities. Our class size is very small, so you get the individualized help from your teachers.

### **Our Intensive English Program is ALL INCLUSIVE! You'll receive:**

- 360+ hours of English instruction
- All program books & class materials
- Access to specialized language workshops
- ESL individualized tutoring
- Small class size
- Field trip to experience American culture
- Certificate awarded upon program completion

**16-week Fall 2023 Dates: 8/17-12/7**

**\$3,800**

**The program will be offered in Fall 2023,  
in order to get started in the process feel free to contact  
our office at **562-467-5050** (Press#1 ask for Martha),  
or email **communityed@cerritos.edu** or go to  
**www.Cerritos.edu/OISS** (click on Intensive English Program)**

### HOW TO DEVELOP SKILLS OF A SUCCESSFUL LEADER

#### CERTIFICATE AWARDED

To be an effective leader today is to empower, show by example, communicate, and coordinate resources to achieve success. How does a leader lead? How does the leader influence the team?

#### Learn how to:

- Develop the qualities of highly successful leaders
- Shift leadership styles when necessary
- Help others manage change
- Delegate and motivate
- Administer discipline
- Communicate your leadership
- Recognize, reward and celebrate victories

Leadership is the art of influencing people to follow you willingly and eagerly. The leader wears several hats as developer, coach, visionary guide, facilitator, expeditor, and planner. Leadership skills can be learned.

Sat, 6/17 8:00am-10:30am  
\$55 (plus \$25 material fee, payable to the instructor).

### ESSENTIAL SKILLS OF MASTERFUL COMMUNICATION

#### CERTIFICATE AWARDED

The need to communicate with impact is one of the most difficult challenges we encounter...and the one that will lead to the greatest rewards. Most of what we do, we do in the context of a relationship. Communication is the key to all relationships. To be successful in your endeavors you need to become an effective communicator.

#### Topics include:

- Projecting a positive, confident image
- How to communicate with difficult people
- How to reduce fear barriers to effective presentation
- Which communication style to use and when
- Keys to better listening skills
- The power of non-verbal signals

Sat, 6/17 11:00am-1:30pm  
\$55 (plus \$25 material fee, payable upon registration).

**Instructor: Angela Scott-Betton**

### COMMUNICATE WITH DIFFICULT PEOPLE WITH TACT AND SKILL

#### CERTIFICATE AWARDED

What would life be if the world weren't full of difficult people? In this seminar, we will focus on ways to analyze types of difficult behavior. You will learn constructive ways to communicate with difficult people and the powerful tools of pacing, paraphrasing and inquiry.

#### Topics include:

- Difficult people in your life, their specific behaviors and your reaction to their behaviors
- Three models of face-to-face communication
- Guidelines to confront anyone about anything
- Task vs. people; passive vs. aggressive; behavioral analysis (Modified Myers-Briggs individual exercise)
- Tips for how to communicate with each personality type: director, entertainer, supporter, analyst
- How to deal with specific situations, such as an angry person or a backstabber

Sat, 6/24 11:00am-1:30pm  
\$55 (plus \$25 material fee, payable upon registration).

**Instructor: Angela Scott-Betton**, is a credentialed teacher with experience teaching career skills to adults and teens entering and re-entering the job force. She has presented workshops focusing on computer skills, effective communication, and problem solving.

# PERSONAL GROWTH

## MONEY & INVESTMENTS

### STOCKS – BONDS – MUTUAL FUNDS (EFT'S) *(online)*

This course is perfect for those who want to learn more about the stock, bond and mutual fund markets including how they work, tracking and following them, what influences their prices, load and no-load mutual funds, and how interest rates can affect your financial well-being and how to manage risk.

The course will highlight issues such as stock and index options, domestic and global stock markets, new and hot issues, selling short, tax-free bonds, buying stock on margin, how the stock exchanges work, dollar cost averaging, how to read a typical account statement, retirement plans (IRAs, SEP-IRAs, Roth IRAs, 403Bs, 401ks, Annuities) and how market prices respond to news. Several stock market theories will be discussed and explained.

Tues & Thurs, 7/11 & 7/13  
\$39

6:30pm-9:00pm

*Instructor: Jalon O'Connell*

### PREPARING FOR A RECESSION: 5 CORNERSTONES OF FINANCIAL PLANNING DURING A VOLATILE MARKET

High inflation, rising interest rates, and a market that seems to be changing direction daily- It's a nerve wrecking time for someone hoping to retire within the next 10 years. In this class we will be discussing essential strategies for retirement planning in today's volatile economy! Join us for candid discussions and to receive resources that will enable you to put yourself in the best financial situation as you prepare for retirement.

Wed, 6/14  
\$49

6:00pm-8:00pm

*Instructor: Pamela Rodriguez is a financial planner and investment advisor with over 14 years experience. She is passionate about financial literacy and believes that it is instrumental in helping people make better financial decisions.*

## RETIREMENT PLANNING

### ESTATE PLANNING FOR EVERYONE *(in-person)*

Did you know that your 'Estate' consists of everything of value—cash, clothes, cars, real estate, investment and retirement accounts, pensions, etc. that you've accumulated throughout your lifetime?

Join us for this informative, interactive class to learn how to preserve and manage your assets while you still can, and then transfer it to your loved ones after you pass away. This process involves weighing various personal and financial decisions and creating legal arrangements to carry out those decisions.

We will discuss how to properly receive an inheritance as well as how to give one, strategies to avoid expensive delays and legal challenges and intelligent distribution of assets, charitable giving. Wills, trusts, asset protection, probate and family businesses will also be discussed.

Sat, 8/5  
\$39 single OR \$45 per couple

9:30am-12:00pm

*Instructor: Jalon O'Connell is a Registered Representative, General Securities Principal and licensed Insurance Agent with National Securities. For over 12 years she has taught and lectured at numerous colleges and organizations.*

## HEALTH

### PREDIABETES, DIABETES AND YOUR HEALTH *(online)*

Diabetes is one of this nation's leading chronic illnesses. Managing this condition and advocating for your health can often be challenging and intimidating. This course is ideal for those living with Prediabetes/Diabetes as well as their family members/caregivers who assist in caring for them. In this course you will learn the following: 1. Basic facts about prediabetes and diabetes 2. How diabetes affects the body 3. The relationship between diabetes, weight, diet, and exercise 4. Identify the medical professionals that are part of your prediabetes/diabetes team 5. Strategies for effectively communicating with your medical team. You will have the opportunity to discuss your experiences as well as receive useful resources to help manage your illness.

Wed, 7/19  
\$35 single or \$45 double

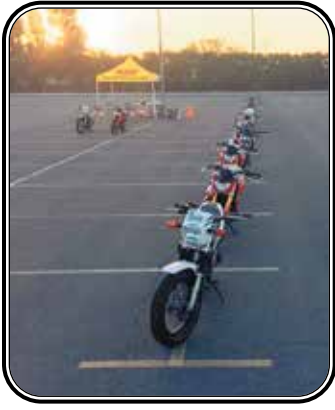
6:00pm-9:00pm

*Instructor: G.A. Kendrick is a credentialed Health educator and a Registered Dietitian with over 30 years of experience.*

# ENRICHMENT & INTERESTS

## MOTORCYCLIST TRAINING

### MOTORCYCLIST TRAINING COURSE (MTC)



#### *DMV CERTIFICATE AWARDED (upon successful course completion)*

California Motorcyclist Safety Program offers the Motorcyclist Training Course (MTC), which is designed for the novice rider with no (or limited) street-riding experience. This 16-hour weekend course includes both classroom and on-cycle instruction. Although designed for new riders, any rider that has not taken a motorcycle course will benefit from this course. You will learn fundamental skills required to operate the motorcycle and progress to street riding skills and strategies. Topics covered include: overcoming fear, understanding how motorcycles turn, proper cornering strategies, and emergency crash avoidance skills.



This course is mandatory for those under 21 years of age desiring a motorcycle or scooter license. For students under 18, a parent must show ID (or legal guardian

proof of guardianship) and sign a waiver at the start of the first class.

You will have 6 hours of in-class instruction and 10 hours of on the range, riding instruction and practice. You must be on time to every part of this course – if you are late, you will be dismissed from the class. Please bring water, and a sack lunch, as you will be in your class all day and will not have enough time to leave campus to purchase food.

A motorcycle and helmet will be provided for you in this course; if you want to complete the course on a scooter, you must notify us upon registering for the class. You need to bring either a valid a state issued driver's license, permit or ID card to the first class. Additionally, you will need to be dressed in a long sleeve shirt or jacket, full-fingered street-motorcycle-specific or leather gloves (mechanics-style gloves, off-road gloves, etc. are NOT allowed), long, thick jeans or pants (no spandex/stretch pants) without rips or holes and sturdy, padded, over the ankle boots (no fashion boots, or high heeled boots), leather high-top sneakers are allowed (canvas or cloth sneakers are NOT allowed).

In accordance with State safety standards, early dismissal may occur during the riding portion of the class if you do not demonstrate safe riding techniques (as determined by the instructor). Your attendance and participation is not a guarantee that you will be able to successfully complete the course. Students successfully completing the class will receive the DMV completion certificate, which may waive the riding portion of the DMV test. Your certificate will be mailed to you within 10 working days of your course completion. (Note: you will still need to take the written test at the DMV).

### COMPLETE COURSE OVER 3-DAY PERIOD:

**Thurs. online classroom, Sat. in-person riding and classroom,  
Sun. in-person riding.**

**\$350 age 21 and over; \$295 under 21**

**Classes fill quickly - register today to reserve your spot!**



# ENRICHMENT & INTERESTS

## MOTORCYCLIST TRAINING

### 1-DAY PREMIER/IRC (INTERMEDIATE RIDING CLINIC)

*MUST BE 21 AND OVER TO TAKE THIS CLASS*

Developed by Total Control Training, and the CMSP, the 1-Day Premier and Intermediate Riding Clinic Courses are the perfect next step for current riders who are looking to improve their skills as well as veteran riders that have recently returned to riding and need a refresher session. If your goal is to obtain an M1 license and your skills are beyond the basics, the 1-DP class is definitely the course for you. Upon successful completion, you will be issued a DL389 certificate which may enable you to waive the riding skills portion of the DMV license application. If you already have your Class M1 license and have more than 500 miles of experience and may not have ridden for a while, the IRC class is for you.

These courses include both short classroom sessions and hours of riding exercises. The IRC & 1DPC are based on the most current research in rider safety, utilize modern training methods and have been proven to enhance student outcomes. Although designed primarily as a safety course, the course is also challenging and fun and it is completed in one 8-hour day.

We can provide a motorcycle for you if you sign up for the 1 Day Premier and should need one.

Sun, 7:00am-4:00pm

Choose one date

5/7, 5/21, 6/4, 6/18, 7/2, 7/16, 7/30, 8/13,

\$279



*The class & rider coaches made it very easy to learn how to ride for someone with no experience. Anonymous*

## HOME AND GARDEN

### WOODWORKING

Our Woodworking classes will return in the Fall 2023, check back with us for specific classes and dates this summer!

### SUMMER GRAPEVINE WREATH MAKING

Have you ever wanted to create your own wreath, but did not know where to start? Come and join us for a fun filled, step by step learning experience. We will make a beautiful wreath using a grapevine wreath, greenery, faux summer flowers and ribbon. Grapevine wreaths can be displayed year-round. Come and join the fun!

Sat, 6/10 9:30am-1:30pm

\$55 (\$25 material fee, payable upon registration).

*Instructor: Helen Marquez loves all things crafty and is very creative. Her contagious personality coupled with her enthusiasm to teach and years of experience, makes this wreath making a class a joy to be in.*



# ENRICHMENT & INTERESTS

## DANCE

### BELLY DANCING, FUN & FITNESS IN 5

You are invited to find the "GODDESS WITHIN". In this 5 week gender inclusive class, you will learn to express your Body, Mind and Soul, through the ever popular and beautiful art of Belly Dancing. This dance is a complete body workout and you will gain an in depth understanding of body isolations, dance steps, combinations and dance stylization. Increase your energy and stamina and beautify your body image.

*For any-Age, For every-Body*

5-Sat, 6/3-7/1  
\$69

10:00am-11:00am

**Instructor:** *Tonya Chianis R.Sc.P.*, is an internationally renowned, award winning, belly dancer, singer, composer, author and producer of the "Global Bellydancer Of The Universe Competition", now in it's 33rd year.

### SALSA

If you have never tried Salsa but would love to experience the excitement and fast, fluid movements, this class is what you have been looking for! This course is designed for students who are beginning and those who are confident with the Salsa rhythm. You will work on the footwork, turns, patterns, shines as well as proper posture, weight transfer, frame and connection.

Come alone or come with friends; you will have the opportunity to dance with everyone including the instructors!

8-Wed, 6/21-8/16 (no class 8/9)  
\$79

7:00pm-8:30pm

**Instructor:** *Latin Spice Dance Group* has over 20 years of experience teaching dance. Besides teaching, Latin Spice instructors also demonstrate at company events, weddings, and private parties.

## MUSIC



### GUITAR: INTRODUCTION/BEGINNING

*AGES 14 TO ADULT*

Learn to play guitar in a friendly and supportive environment. Whether you are just learning to play, or want to improve your skills, this class is for you. You'll learn to play chords, single note melodies and strum styles. No musical experience required.

*You must bring your own acoustic guitar.*

6-Sat, 5/6-6/17

9:00am-10:00am

\$69 (plus \$5 material fee, payable upon registration).

OR

6-Sat, 7/8-8/19

9:00am-10:00am

\$69 (plus \$5 material fee, payable upon registration).

**Teacher:** *Katarina Giesler* holds a single subject credential in music. She has directed musical ensembles, such as band, orchestra, choir and musicals. She also teaches small group lessons.

*Ms. Giesler is an excellent, patient instructor. She was very punctual and professional. I love her listening to and helping me learn. Best first experience playing guitar. I always wanted to learn, she made it easy and fun. Martina*

# ENRICHMENT & INTERESTS

## FITNESS & WELLNESS

### FITNESS 4 LIFE

Are you ready to work out! This is a fast-paced, heart pumping, muscle burning workout that will leave you knowing that you have done something great for yourself! You will engage in various exercises including cardio, calisthenics and weight training to tone and firm your body. You will also receive nutritional advice to complement your fitness efforts.

This class is open to all fitness levels. Please bring one set of dumb bells (either 3lb, 5lb, or 8lb), a yoga mat and resistance bands with handles.

**Note:** Please disclose any medical conditions or physical limitations/injuries that may impact your workout to the instructor (This information will be kept confidential).

4-wks, Mon & Thurs, 5/8-6/5 6:00pm-7:00pm  
(no class 5/29)

\$99

**Instructor:** *Universal Fitness has been in business for over 14 years and provides full service fitness training programs. They strive to make sure each interaction is encouraging, motivating and provides you with a healthier lifestyle.*

### TAI CHI CHUAN

Through lecture, demonstration, and the practice of the Tai Chi movements, students will experience the benefits of this ancient Chinese exercise and martial art, such as reduced stress, improved balance, and increased muscle tone. You will learn Chinese Chi Kung (breath work) as a calming exercise prelude to Tai Chi practice.

This course introduces students to a Chinese health exercise, which is neither vigorous nor strenuous. It is suitable for anyone who wants to exercise to gain or maintain good health. It will strengthen the muscles and organs, relax the mind and body, improve blood circulation, and increase memory and concentration.

6-Sat, 5/6-6/10 8:30am-9:45am  
\$65

Or

6-Sat, 6/24-7/29 8:30am-9:45am  
\$65

**Instructor:** *Dan Layne, B.S. is certified as a specialist in Balance and Mobility through Cal State Fullerton and holds a "Master Trainer" certification for the Matter of Balance program sponsored by the Department of Ageing. He is certified to teach Tai Chi Chuan by the Hong Kong Royal Life Saving Society.*

### REIKI I (online)

This course is on the Japanese natural healing system called Reiki, which translated from Japanese means "universal life force energy." Reiki is an energy based system that allows relaxation thereby eliminating stress & toxins from the body while increasing the body's natural ability to heal.

Students will learn the first level of Reiki healing for self-care and healing as well as Holy Fire Reiki which is a more refined, powerful energy (hands-on).

The class emphasis will be on how stress, and habitual thinking patterns impact the body/ mind, and how to use Reiki to care for themselves.

The instructor will teach how to transmit Reiki energy to the body with particular emphasis on the endocrine system and secondary function endocrine glands for overall body relaxation.

Sat, 8/5

10:00am-4:00pm

\$129 (plus \$10 material fee, payable upon registration).

**Instructor:** *Dr. Laura Luna*

### INTRODUCTION TO MEDITATION AND BREATHING (online)

Meditation is a state of being where the mind becomes still and awareness is heightened and internalized. You will learn to meditate in a supportive group environment with techniques that are simple, yet have deep potential. You will also learn simple breathing techniques that increase your energy and promote calmness. Easy to follow instructions will be given each week so you can continue at home if you wish.

#### Some of the benefits of meditation:

- Decrease stress
- Lower blood pressure
- Improve hormonal issues
- Cope with life's ups & downs more easily
- Reduce anxiety
- Gain more energy

*Please bring a chair or yoga mat to class.*

6-Mon, 5/22-7/3 (no class on 5/29) 7:00pm-8:00pm  
\$69

**Instructor:** *Dr. Laura Luna, is certified in Reiki I, II and master level Reiki III. She completed training with two different Reiki masters, trained in the Usui for Reiki.*

# ENRICHMENT & INTERESTS

## SOMETHING FOR EVERYONE

### ESTATE PLANNING FOR EVERYONE *(in-person)*

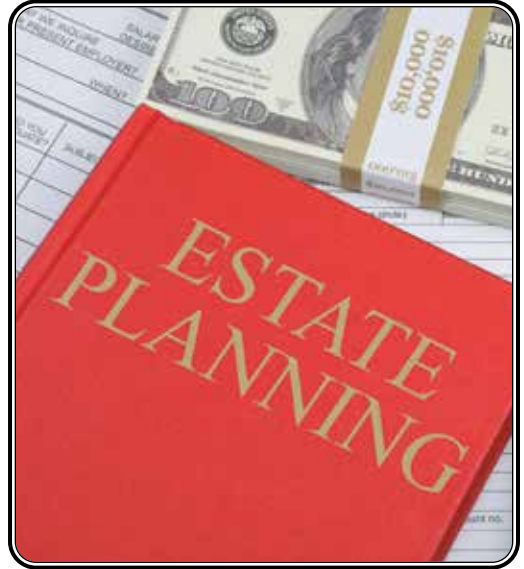
Did you know that your 'Estate' consists of everything of value—cash, clothes, cars, real estate, investment and retirement accounts, pensions, etc. that you've accumulated throughout your lifetime?

Join us for this informative, interactive class to learn how to preserve and manage your assets while you still can, and then transfer it to your loved ones after you pass away.

We will discuss how to properly receive an inheritance as well as how to give one, strategies to avoid expensive delays and legal challenges and intelligent distribution of assets, charitable giving. Wills, trusts, asset protection, probate and family businesses will also be discussed.

Sat, 7/8 9:30am-12:00pm  
\$39 single or \$45 per couple

**Instructor:** *Jalon O'Connell is a Registered Representative, General Securities Principal and licensed Insurance Agent with National Securities. For over 12 years she has taught and lectured at numerous colleges and organizations.*



### WHAT WERE YOU BORN TO DO?

*AGES 16 TO ADULT*

You were born to make a unique contribution to humanity. Progressing toward this purpose brings joy and abundance. Straying from it causes stress and emptiness. To accomplish this mission, one of the 33 Natural Talents® is wired into your DNA. It is so subtle, you rarely notice it; yet so powerful, it's the source of your highest potential. Elvis, Oprah, and Einstein were all just "doing what comes naturally." Expressing your Natural Talent ignites passion & pursuing it relentlessly evolves into your destiny—which magnetically attracts all your heart's desires.

Sun, 8/6 1:00pm-4:00pm  
\$55 (plus \$30 material fee, payable to Instructor for comprehensive workbook).

**Instructor:** *Curtis Adney, M.S., J.D., is a life coach, the author of "Pinpoint Your Destiny," and conducts this seminar regularly across the Western U.S.*

### VISION BOARD *(online)*

In the Vision Board class, this phrase takes on a whole new meaning when you create an intentional road map that allows you to explore your goals, dreams and aspirations and create clear means of achieving them. Through guided exercises, discussion and feedback, you will leave with a clearer picture for the future. This fun and informative class is great for adults, children and families and you leave with a concrete reminder you can reference for a lifetime.

Sat, 7/22 10:00am-1:00pm  
\$55

**Instructor:** *Dr. Dorothy Kegler is the Owner of Kegler's Consulting, an educational and career consulting firm. She is destined to assist you with realizing your dreams and goals.*

# ENRICHMENT & INTERESTS

## SOMETHING FOR EVERYONE

### TRAFFIC SCHOOL

Pre-register to save \$5 on your class registration! Traffic school classes fill quickly - if you register anytime before the day of class, you will ensure your spot AND save \$5!

Cerritos College (traffic school #TVS00087) offers an eighthour class, taught in English. After obtaining permission from the courts to attend traffic school, you can then register for traffic school.\*

You must bring your drivers license and citation to class - if you do not, your information cannot be entered into the CA DMV website and you will not get credit for your traffic school attendance. If your ticket was obtained out of state, you MUST VERIFY BEFORE REGISTERING with the out-of-state courts as to if they will accept the completion receipt (not all will). If you register and the out of state court rejects your completion receipt, no refund will be given.

Per DMV regulations, class begins at 8am sharp - you cannot arrive late. Please arrive approximately 15 minutes before class begins in order to buy your parking permit, find your class location on campus and fill out your paperwork you need to complete for your class. You need to be in your seat at the start of class - if you are late, you will not be let in, and no refund will be issued.

At the completion of class, you will receive a completion receipt. Within three business days, the office will enter your attendance and information you provided on the forms you completed into the CA DMV system electronically; this is how the courts will know that you completed your class. \*Per DMV regulations, commercial drivers are prohibited from attending traffic school except if they obtain a violation when operating a non-commercial vehicle (per AB 1888).

Sat, In-Person 8:00am-4:00pm

Please call (562) 467-5050 for dates

\$35 pre-registration, \$40 same day registration

**Instructor:** *Mr. Richard Jensen was a member of the Whittier Police Dept. for 24 years. He was awarded the 2018 "Case of the Year" award from the Orange County Traffic Investigators Association*

### CRAFT BEER CRAZE (online)

**MUST BE 21 TO ENROLL**

Beer shouldn't be confusing; it should be fun! Craft beer is booming nationwide. There are over 9,000 breweries in the United States. It can be overwhelming to find a beer you'll enjoy, but we are here to help. In this introductory course aimed at those with little experience, but great enthusiasm, you will learn a brief history of beer, how beer is made, various style differences and how to decode a beer menu. So, sit back, relax and enjoy a cold beer.

2-Sat, 6/3 & 6/10

1:00pm-3:00pm

\$59

**Instructor:** *Gabriel Velarde is an alumni of Cerritos College Culinary Arts. He has over 10 years combined experience in food and beverage industries. Having worked in craft beer both behind the bar and in production, his knowledge will help introduce you to the world of beer.*



### TEXAS HOLD 'EM FOR BEGINNERS

**YOU MUST BE 21 TO REGISTER**

Have you dreamed of playing in the Main Event of the World Series of Poker? Or do you just want to impress your friends by crushing your Friday night home game? Either way, in poker it all begins with the fundamentals. This course was designed to give beginners the skills necessary to be comfortable in just about any game you find yourself sitting in.

This course will consist of a series of short lectures, followed by examples, and then the opportunity to put what you just learned to the test on a real poker table. We will teach you a proven method of analyzing your chances to win with any two cards. You will be filmed, to see where you need to make adjustments in your game. And our "final exam" will consist of a poker tournament with one of you coming out on top!

**Please note:** *There is no exchange of money or wagering in this class.*

3-Mon, 8/7, 8/14 & 8/21

6:30pm-9:00pm

\$65

**Instructor:** *Timothy Smith, MBA, JD, is a Management Consultant who has played poker both at the amateur and professional level for over 30 years. He has played in tournaments all over the country, including WSOP.*

# ENRICHMENT & INTERESTS

## SOMETHING FOR EVERYONE

### UNDERSTANDING GRIEF AND LOSS

Loss is an inevitable part of life, and grief is a natural part of the process. In this class you will learn about the Stages of Grief and Loss and have the opportunity to share your experiences with others who are going through the same experience. The course objective is to provide knowledge, personal growth, and an understanding of the experience of the loss of a loved one. Additional resources that can help you continue on your journey of healing will be provided.

Sat,

Sat, 6/24 9:30am-12:30pm  
\$39 (plus \$10 material fee, payable to the instructor).

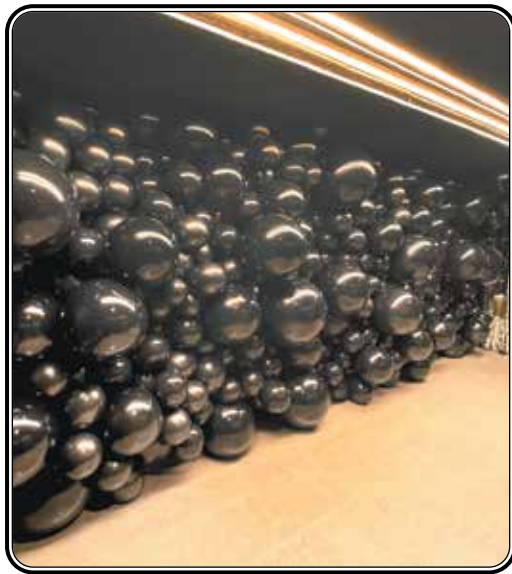
**Instructor: Teresa Estrada.**

### ENTENDIENDO EL DUELO

La pérdida es una parte inevitable de la vida y el duelo es una parte natural del proceso. En esta clase aprenderán sobre las etapas del duelo y la pérdida y tendrán la oportunidad de compartir sus experiencias con otras personas que están pasando por la misma experiencia. El objetivo del curso es proporcionar conocimiento, crecimiento personal y comprensión de la experiencia de la pérdida de un ser querido. Se proporcionarán recursos adicionales que pueden ayudar a continuar en su viaje de curación.

Sat, 7/1 9:30am-12:30pm  
\$39 (plus \$10 material fee, payable upon registration).

**Instructor: Teresa Estrada** is an experienced educator and counselor. She teaches workshops on grief and loss at various locations. She also has taught grades K-12, as well as ESL, college prep courses, and psychology courses at Webster Career Business College (where she had been nominated for Teacher of The Year in 1997).



### BALLOON DÉCOR AND MORE – ADVANCED CLASS

*(NOT RECOMMENDED FOR BEGINNERS)*

Are you ready to take your balloon skills to the next level and decorate like the pros? In this class, you will learn how to make stunning centerpieces, balloon sculptures, large balloon bouquets, deluxe balloon garlands and balloon walls. Come decorate with me!

2-Sat, 7/8 & 7/15 10:00am-1:00pm  
\$55 (plus \$15 materials fee, payable upon registration)

**Instructor: Yvette Mack, CBA** (Certified Balloon Artist), has been providing balloon Decor for over 20 Years. She specializes in Classic Balloon Decor and Organic balloon designs.

### VOICEOVERS INTRO *(online)*

*ONE-ON-ONE ONLINE CLASS –  
90-MINUTE INDIVIDUAL WORKSHOP.*

This introductory one-on-one online workshop covers the different types of voiceovers and what tools are needed to find success in this remote working industry. You will be coached as you read a script and be recorded so you can receive a professional voice evaluation later.

**Requirements:** Students must have Internet access and video chatting capabilities using a method such as: Zoom, Skype (Win/Mac/Mobile) or iChat/Facetime (Mac/ios). After registering, VFA will contact you to schedule a date and time for your class.

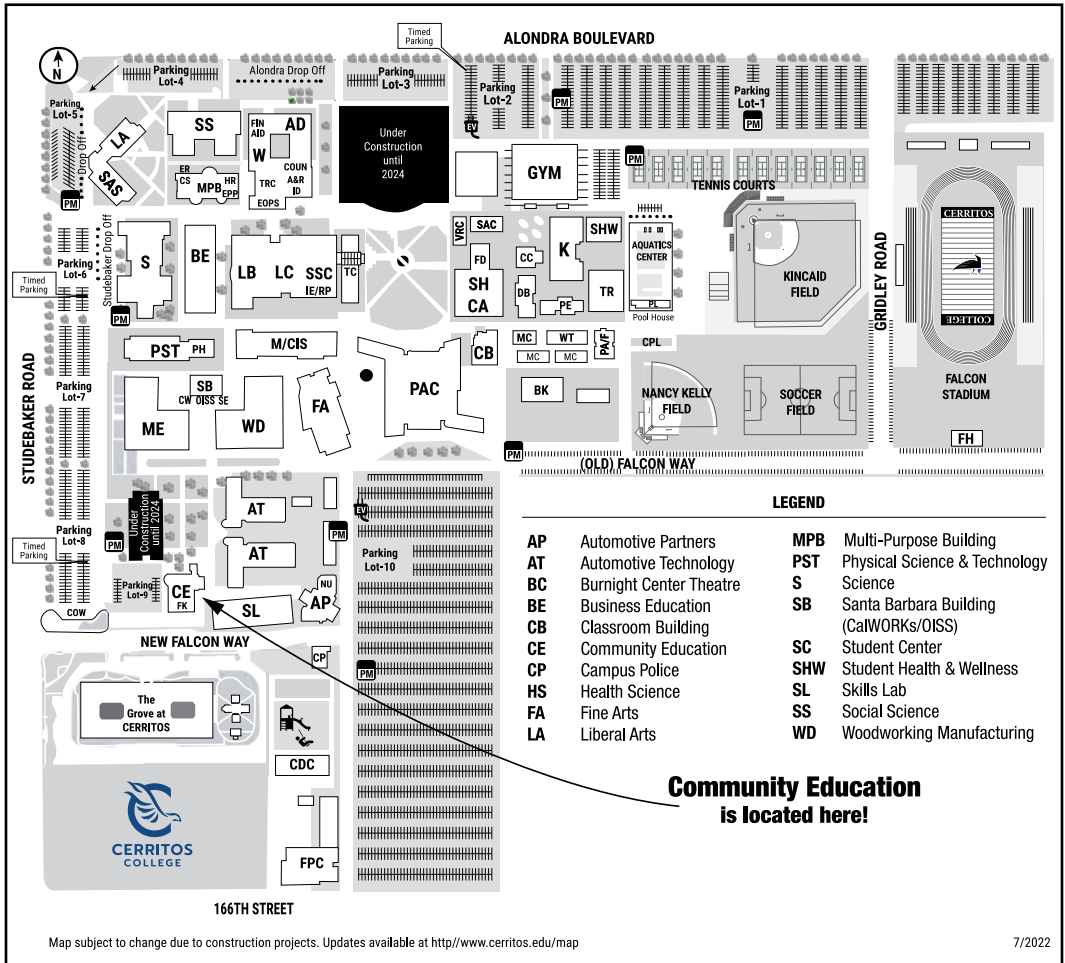
\$49

**Instructor: Voices For All** professional voice actors are known for their fun and informative presenting methods. They have many years of experience in the voiceover industry and are masters at how to make it in voice acting.



# CAMPUS MAP & PARKING INFORMATION

**A PARKING PERMIT IS REQUIRED & ENFORCED 24 HOURS A DAY, YEAR-ROUND**



**PARKING** - You will need to pay for parking while on campus. The daily pass is \$3 during the week (Mon-Fri) and \$5 on the weekend (Sat-Sun). Purchase your daily virtual parking pass by clicking on this link:

**<https://paymycite.com/CerritosCollege/Landing.aspx>.**

Park in the student white stalls only.

Students with a disability “DP” plate/placard can park in any disabled, student or staff stall, but are still required to purchase a parking permit.

# ***REGISTRATION INFO***

## ***TRANSFERS & CANCELLATION POLICIES***

Once you are registered in a class(es), you will receive an emailed receipt along with an email confirmation. The confirmation contains all the class information you need to know about your class(es).

### **TRANSFERS**

To transfer registration to another class, your request must be received three or more business days before the first class meeting of the original class. There is a \$10 transfer fee for all transfers completed. We cannot complete any transfer once a class has begun.

### **CANCELLATIONS**

We make every effort to publish accurate course information, but due to unforeseen circumstances some class dates/times may be subject to being rescheduled or cancelled. Any class that does not meet minimum enrollment may be cancelled. If Community Education cancels a class, you will be notified by email and phone prior to when the class was to begin. If our department has to cancel a class, a full refund will be issued to you.

If you want to cancel a class(es), you need to notify us about the cancellation three (3) or more business days prior to the start of the original class. There is a \$10 cancellation fee for all cancellations completed. If you notify us after a class has begun, no cancellation can be given.

If you are given a refund, registration fees paid by credit card will be returned to that card within 72 hours or less. Payments made by cash or check will be refunded by check from the District within 2-4 weeks and will be mailed directly to you.

### **STUDENT CONDUCT AND DISCIPLINARY PROCEDURES**

Students enrolling in any Cerritos College, Community Education course assume an obligation to abide by all District regulations and are subject to disciplinary actions if they fail to adhere to these regulations. The Office of Judicial Affairs is responsible for the student conduct and disciplinary procedures of the college. <http://www.cerritos.edu/activities/office-of-student-conduct-and-grievances/default.htm>.

### **STUDENTS WITH DISABILITIES**

Reasonable accommodations for students with a disability are available upon request. Requests must be made a minimum of 10 business days in advance of the class start date. Contact the Community Education office to begin the process of consideration of your accommodation request.

### **CERRITOS COMMUNITY COLLEGE DISTRICT BOARD OF TRUSTEES**

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# 4 EASY WAYS TO REGISTER!



ONLINE

## CerritosCommunityEd.com

- If you are a new student, click on "sign in" and create a new profile.  
If you are a returning student, simply login using your login & password.
- Select classes you want to register for by putting them in your "cart."
- Check-out and pay for your classes, using a VISA, Mastercard or Amex.
- You will get an email confirmation of your payment and class registration.



PHONE

## 562-467-5050 (press #1)

- A registrar will help you over the phone to register for the class(es) you want.
- You will pay over the phone with VISA, Mastercard or Amex
- You will get an email confirmation of your payment and class registration.



SCAN/EMAIL

## CommunityEd@Cerritos.edu

- Complete this registration form including credit card info for payment.
- Scan form or take a picture and email to CommunityEd@Cerritos.edu.
- You will get an email confirmation of your payment and class registration.



MAIL

## Cerritos College Community Education 11110 Alondra Blvd., Norwalk, CA 90650

- Complete the registration form and include your payment (check or credit card).
- You will get an email confirmation of your payment and class registration.

# REGISTRATION FORM

TO BE COMPLETED BY ADULT STUDENT OR PARENT OF YOUTH STUDENT

Adult Name (required): \_\_\_\_\_  
First Middle Last

Address (required): \_\_\_\_\_

City (required): \_\_\_\_\_ Zip (required): \_\_\_\_\_

Primary Phone (required): \_\_\_\_\_ Secondary Phone: \_\_\_\_\_

Email (required): \_\_\_\_\_ Date of Birth (required): \_\_\_\_\_

*Note: This is where we will send your receipt, registration confirmation and log-in information.*

COMPLETE IF YOUTH STUDENT (AGES 1-17). (If adult student, skip section)

Youth Name (required): \_\_\_\_\_  
First Middle Last

Date of Birth (required): \_\_\_\_\_ Grade Level (required): \_\_\_\_\_

Emergency Contact (required): \_\_\_\_\_ Phone (required): \_\_\_\_\_  
First Last

### REGISTER FOR THESE CLASS(ES)

Class Title	Class Date(s)	Class Fee(s)
Total Registration Amount:		\$

### PAYMENT INFORMATION

☐ Credit Card - Visa / MC / AMEX: \_\_\_\_\_  
(circle type) (credit card number) (expiration date)

☐ Card Billing Address (if different): \_\_\_\_\_  
*Note: The billing address of the credit/debit card will be verified to match the address your credit or debit provider has on file.*

☐ Check Amount: \_\_\_\_\_  
(check number)

Signature (required): \_\_\_\_\_ Date (required): \_\_\_\_\_

# INDEX - YOUTH CLASSES

3D Paper Art Creations.....	21	Ice Skating .....	23
Academic Adventure .....	12	Illustration .....	21
Acting for Social Media – <b>NEW!</b> .....	19	iMovie Maker Madness.....	16
Algebra I .....	15	Introduction to Chemistry.....	16
Algebra II .....	15	Jammin’ Gymnasts .....	25
American Sign Language-ASL.....	13	Karate for Kids .....	23
Basketball .....	23	Math: Strong Foundations .....	14
Beginning Watercolor.....	22	Math Essentials.....	15
Ceramics .....	22	Math Madness.....	14
Cheernastics .....	25	Natural A’s .....	18
Chinese Language & Culture.....	14	Now You’re Cooking! Elementary Chef .....	19
Comic Book & Anime Art .....	21	Now You’re Cooking! Jr. Chef.....	19
Create Your Own Storybook .....	12	Phonics & Reading Fluency .....	13
Create Your Own Webpage .....	17	Photography.....	22
Creating a Money Mindset: Money Mangement for Teens/Young Adults .....	19	Piano Classes .....	20
Creative Writing.....	11	Powerhouse Writing .....	11
Dance Around the World– <b>NEW!</b> .....	25	Pre-Algebra .....	15
Digital Designs (using Adobe InDesign).....	16	Reading Comprehension & Improvement Strategies.....	11
Digital Art using ProCreate.....	17	Reading & Writing Road Trip.....	12
Drawing & Painting Fundamentals .....	21	Robotics: Level I.....	17
Engineering Design with CAD .....	18	Robotics: Level II .....	17
Fractions, Decimals & Percents - Oh My!.....	15	Spanish Introduction .....	14
Future Engineers .....	16	Strategies for Strengthening Readers .....	11
Geometry .....	15	Summer Swim Lessons .....	24
Grammar Gear-Up!.....	13	Tennis .....	23
Guitar.....	20	Tootsie Rollers .....	25
		Tumble Stars.....	25

# ***INDEX - ADULT CLASSES***

Auto Wholesale Business from Home .....	33	Managing Quality and Risks in Projects .....	26
Balloon Decor And More- Advanced.....	32	MTC ( Motorcycle Training Course) .....	37
Become a Loan Signing Agent.....	29	Notary Renewal Seminar .....	29
Become a Notary Public Seminar .....	29	Prediabetes, Diabetes And Your Health.....	36
Bellydancing .....	39	Preparing for a Recession .....	36
Buying Income Property .....	32	Project Management Introduction .....	26
Communicate with Difficult People with Tact and Skill .....	28, 35	Project Requirements and Planning Management .....	26
Craft Beer Craze .....	42	Project Time and Cost Management .....	26
Create Balloon Décor & More .....	32, 43	Pro-Train .....	31
Ed2Go .....	30	Reiki I .....	40
Entendiendo el Duelo .....	43	Salsa.....	39
Equity And Diversity In The Workplace .....	28	Small Business Workshop– <b>NEW!</b> .....	27
Essential Skills of Masterful Communication .....	28, 35	Stocks-Bonds-Mutual Funds (EFT'S) .....	36
Estate Planning for Everyone .....	36, 41	Summer Grapevine Wreath Making.....	38
Fitness 4 Life.....	40	Tai Chi Chuan .....	40
Guitar.....	39	Texas Hold 'Em.....	42
How to Develop Skills of a Successful Leader .....	28, 35	Traffic School.....	42
How to Start Any Home Based Business .....	27	Understanding Grief & Loss .....	43
IEP (Intesive English Program) .....	34	Vision Board .....	41
Introduction to Meditation and Breathing ...	40	Voiceovers Intro .....	33, 43
1DP/IRC (motorcycle) .....	38	What Were You Born to Do? .....	32, 41
Make Money With a Virtual Assistant/Word Processing .....	27	Woodworking .....	38



# *Happy Driving is Safe Driving*



**Clear your traffic ticket  
and get piece of mind.**

See Pg. 42 for details

**Cerritos College District  
Community Education**

11110 Alondra Blvd.  
Norwalk, CA 90650

DATED MATERIAL

Non-Profit  
Organization  
U.S. POSTAGE

**PAID**

Cerritos College

# EXPLORE THE OPEN ROAD THIS SUMMER



**TAKE OUR MOTORCYCLIST TRAINING COURSE**

see page 37 for more details

**CerritosCommunityEd.com**