

Cerritos College

COMMUNITY EDUCATION

Fall/Winter 2024

Sept • Oct • Nov • Dec

Schedule of Classes



**Season Of
Change:
Realize
Your
Potential**



***Professional Development • Career Advancement
Online Courses & Programs • Personal Growth
Enrichment & Interests • Child & Teen Classes***

CerritosCommunityEd.com

NEW FALL CLASSES

Holiday Balloon Decor and More

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Use Your Words

The Art of Self-Presentation

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**Millennial / Gen Z
Management 101**

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Yoga For All

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**How to Get Your Money Right
& Create Generational Wealth**

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All classes are held in-person unless online is noted.





ADULT EDUCATION DEPARTMENT & DIVERSITY PROGRAMS



Fall



2024

FREE COURSES!

WE ARE INTERESTED IN HELPING YOU REACH YOUR EDUCATIONAL GOAL.

FLEXIBLE OPTIONS: ONLINE AND ON CAMPUS!

FLEXIBLE SCHEDULES: MORNING, AFTERNOON, EVENING AND SATURDAYS TOO!

- ENGLISH AS A SECOND LANGUAGE (ESL)
 - ESL Conversation
 - VESL: CBET
 - VESL: Entrepreneurship
- GED Prep (English & Spanish)
- MATH AND ENGLISH PREP
- OCCUPATIONAL PREPARATION
- MICRO-ENTREPRENEURSHIP
- FOSTER PARENT
& KINSHIP CARE TRAINING
- PLAZA COMUNITARIA
- SPANISH LITERACY
- PAACE : TRANSITION TO CREDIT SIDE
- TRANSITION TO CREDIT COURSES
- THE KNOWLEDGE HOUSE FELLOWSHIP



Registration & More Information:

Adult Education Department

(562) 467-5098 www.cerritos.edu/aed Email: AdultEd@cerritos.edu

 www.facebook.com/CerritosCollegeAdultEd/

 [@cerritosadulthoodeducation](https://www.instagram.com/cerritosadulthoodeducation)



Continuing
Education

CELEBRANDO



PLAZA COMUNITARIA

REGISTER BY TELEPHONE **562-467-5050**

PROFESSIONAL DEVELOPMENT

BUSINESS & MANAGEMENT

PROJECT MANAGEMENT CERTIFICATE SERIES

20-hour Project Management certificate upon completion of four courses

SERIES DISCOUNT: save 10% for registering for the series!

PROJECT MANAGEMENT INTRODUCTION

This introductory class will provide you with an overview of the key concepts and terminologies of Project Management. Students will learn the basics of project management related to a project's approach within different organizational structures/environments and how their goals and objectives dictate project success.

In this class, you will learn about:

- The skills and responsibilities of a project manager
- Who are stakeholders and how they influence projects
- How a project team is formed and developed
- Differences between project and product life cycles
- How projects are created and selected
- Make your projects effective and complete successfully

Sat, 9/14

8:00am-1:00pm

\$85 (plus a \$25 material fee, payable upon registration).

PROJECT REQUIREMENTS AND PLANNING MANAGEMENT

The primary contributors to challenged and failed projects are poor, ill-defined requirement definitions and failure to adequately plan project's execution. This class will provide you with the knowledge, tools and techniques required to develop requirements as well as proper advance planning principles.

In this class, you will learn about:

- Development of the project's requirements
- How to create the project charter
- Role of Work Breakdown Structure (WBS) and its components to link project's deliverables, scope, requirements and work
- The major elements of a project management plan
- How to manage changes to the baseline plans

Sat, 9/21

8:00am-1:00pm

\$85 (plus a \$25 material fee, payable upon registration).

PROJECT TIME AND COST MANAGEMENT

This class will discuss detailed project scheduling concepts/techniques to manage and complete projects on time. The class will also address how to develop project's cost budgets and manage/monitor project's performance within the allocated budgets.

At the end of this class, you will be able to:

- Create network diagrams relating project activities
- Identify the critical path for the project and how to reduce it
- Distinguish between static (waterfall) and dynamic (agile) scheduling
- Implement cost estimating techniques to develop an estimate
- Use Earned Value Management (EVM) method to measure project performance and to forecast remaining work on the project

Sat, 9/28

8:00am-1:00pm

\$85 (plus a \$25 material fee, payable upon registration).

MANAGING QUALITY AND RISKS IN PROJECTS

This class will discuss tools/techniques to ensure the project's output conforms to the intended quality requirements towards meeting its customer's expectations/needs. The class will also describe the principles behind managing project's risks as they invariably arise during the course of the project, how to plan for them and how to mitigate them.

At the end of this class, you will be able to:

- Define costs of quality, conformance, and non-conformance
- List 7 basic quality control tools and how to apply them
- Know various risk categories and what risk register is
- Perform qualitative and quantitative assessments of risk events
- Select appropriate response for a given risk event

Sat, 10/5

8:00am-1:00pm

\$85 (plus a \$25 material fee, payable upon registration).

SERIES DISCOUNT:

Sign up for the PROJECT MANAGEMENT SERIES to register for all four classes on this page and save 10%! (\$305 for the series) material fees not included

Instructor: Ajay Bengali holds a Ph.D. degree in Engineering and has 40+ years of industrial technical experience in Aerospace industries. He holds Project Management Professional (PMP) credentials from the Project Management Institute (PMI) and is currently an independent Project Management consultant.

PROFESSIONAL DEVELOPMENT

BUSINESS & MANAGEMENT

TECHNIQUES OF MANAGING A NONPROFIT ORGANIZATION *(online)*

Do you want an overview to learn, understand or review the techniques and functions of operating and managing a nonprofit organization? This class can be valuable for staff, volunteers, Board members, and those considering starting a nonprofit organization.

3-Mon, 9/23-10/7 6:30pm-8:30pm
\$99

Instructor: *Bob Reich* is Executive Consultant with Brainstorm Bob Consulting, with over 30 years of professional experience teaching and consulting in all aspects of nonprofit organizational management, strategic planning, programming, boards, fund raising and grants, 501© (3) applications, events, marketing, facility management, and community outreach.

GOOGLE SUITE FOR HOME AND BUSINESS *(online)*

Google Suite is an introduction to Google Docs: slides, sheets, forms. During this hands-on course, you will learn the basics of this extremely popular software that can be used both in business, and in your personal life, to create professional and efficient documents that will impress those around you.

Sat, 11/9 10:00am-1:00pm
\$45

Instructor: *Dr. Dorothy Kegler* is the Owner of Kegler's Consulting, an educational and career consulting firm. She is destined to assist you with realizing your dreams and goals.

EXPLORE 250 LEGITIMATE HOME-BASED BUSINESS IDEAS *(online)*

Tired of working for someone else? Do you need to make more money? Turn your talents and hobbies into profits by starting a home business. Taught by a Chamber of Commerce Past President and award-winning business owner, this is the most comprehensive business startup workshop you will ever find.

You will discover:

- more than 250 legitimate home business ideas
- mandatory legal documentation
- many ways to market your product/service
- how to take tax deductions (this workshop included!)

Thurs, 10/17 4:00pm-6:00pm
\$49 (plus \$10 material fee, payable upon registration).

Instructor: *LeeAnne Krusemark*

MILLENNIAL/GEN Z MANAGEMENT 101: BRIDGING THE GAP FOR LEADING TODAY'S WORKFORCE



This workshop focuses on mastering techniques to motivate, reward, maximize potential, and empower Millennial/Gen Z employees, equipping leaders with actionable insights to cultivate a high-performance and engaged workforce

Sat., 10/12 8:00am-10:30am
\$55 (plus \$25, material fee, payable upon registration).

Instructor: *Angela Scott-Betton* is a small business owner and a credentialed teacher with experience teaching teens and adults.

SPANISH SPEAKING FOR PROFESSIONALS

In this course, you will acquire essential, hands-on language skills necessary for proficient workplace communication. Tailored for professionals looking to enhance their Spanish communication with staff members, it is structured to equip you with phrases directly applicable to your workplace. You will learn fundamental expressions including asking questions, providing directions, and explaining procedural practices. This course aims to assist you with your team communication, productivity and effectiveness creating a more successful business overall.

6-wks, Tues. & Thurs., 10/1-11/12 6:00pm-8:00pm
(no class 10/31)
\$199

Instructor: *Mr. Rudy Cardona* has been a faculty member in Adult Education for over 20 years teaching language classes and citizenship. He has experience working with professionals from various fields.

MAKE \$MONEY\$ WITH A VIRTUAL ASSISTANT/WORD PROCESSING BUSINESS (POST-REQUISITE) *(online)*

If you can type, then you can make money at home using your computer. You will discover how and where to find clients, 50 ways to advertise/market your services, effective home office equipment choices, and 100 ways to make money with a computer. There really is a need for your services, so learn to be your own boss, set your own hours, and make more money. Informative handouts for future use are included in the class fee. The online seminar login information will be emailed the day before class.

Note: *Participants must also attend "Explore 250 Legitimate Home-Based Business Ideas" for a clear understanding of this endeavor.)*

Thurs, 10/17 6:00pm-7:00pm
\$39 (plus \$10 material fee, payable upon registration).

Instructor: *LeeAnne Krusemark* is an author, speaker, business owner, Chamber of Commerce Past President, and guest instructor at more than 200 colleges

PROFESSIONAL DEVELOPMENT

LEADERSHIP

HOW TO DEVELOP SKILLS OF A SUCCESSFUL LEADER

CERTIFICATE AWARDED

To be an effective leader today is to empower, show by example, communicate, and coordinate resources to achieve success. How does a leader lead? How does the leader influence the team?

Learn how to:

- Develop the qualities of extraordinarily successful leaders
- Shift leadership styles when necessary
- Help others manage change
- Delegate and motivate
- Administer discipline
- Communicate your leadership
- Recognize, reward, and celebrate victories

Leadership is the art of influencing people to follow you willingly and eagerly. The leader wears several hats as developer, coach, visionary guide, facilitator, expeditor, and planner. Leadership skills can be learned.

Sat, 10/5 8:00am-10:30am
\$55 (plus \$25 payable upon registration).

ESSENTIAL SKILLS OF MASTERFUL COMMUNICATION

CERTIFICATE AWARDED

The need to communicate with impact is one of the most difficult challenges we encounter...and the one that will lead to the greatest rewards. Most of what we do, we do in the context of a relationship. Communication is the key to all relationships. To be successful in your endeavors you need to become an effective communicator.

Topics include:

- Projecting a positive, confident image
- How to communicate with difficult people
- How to reduce fear barriers to effective presentation
- Which communication style to use and when
- Keys to better listening skills
- The power of non-verbal signals

Sat, 10/5 11:00am-1:30pm
\$55 (plus \$25 payable upon registration).

EQUITY AND DIVERSITY IN THE WORKPLACE

CERTIFICATE AWARDED

With the ever-changing dynamics in society, it is more important than ever to acknowledge the importance of equity and diversity. Recognizing and respecting diverse cultures and their individual differences is key for today's workplace. This course will build understanding, inform participants of the differences in the workplace, and use activities and dialogue to build skills on how best to acknowledge various scenarios from the perspective of others.

Sun, 10/6 8:00am-10:30am
\$55 (plus \$25 payable upon registration).

COMMUNICATE WITH DIFFICULT PEOPLE WITH TACT AND SKILL

CERTIFICATE AWARDED

What would life be if the world were not full of difficult people? In this seminar, we will focus on ways to analyze types of difficult behavior. You will learn constructive ways to communicate with difficult people and the powerful tools of pacing, paraphrasing and inquiry.

Topics include:

- Difficult people in your life, their specific behaviors, and your reaction to their behaviors
- Three models of face-to-face communication
- Guidelines to confront anyone about anything
- Task vs. people; passive vs. aggressive; behavioral analysis (Modified Myers-Briggs individual exercise)
- Tips for how to communicate with each personality type: director, entertainer, supporter, analyst
- How to deal with specific situations, such as an angry person or a backstabber

Sun, 10/6 11:00am-1:30pm
\$55 (plus \$25 payable upon registration).

SERIES DISCOUNT:

Register for LEADERSHIP SERIES
(all four classes at the same time)
and save 20%! (\$176 for the series)

Instructor: Angela Scott-Betton, is a credentialed teacher with experience teaching career skills to adults and teens entering and re-entering the job force. She has presented workshops focusing on computer skills, effective communication, and problem solving.

CAREER ADVANCEMENT

CAREER TRAINING OPPORTUNITIES



HUNDREDS OF 6-WEEK ONLINE COURSES... HERE'S JUST A FEW!

A to Z Grant Writing
Accounting Fundamentals
Business & Marketing Writing
Computer Skills for the Workplace
Digital Marketing Suite
Entrepreneurship Suite
Intro to Google Analytics
Intro to Quickbooks



Certificate in Gerontology
Certificate in Holistic & Integrative Health
Handling Medical Emergencies
Medical Terminology Series

Speed Spanish
Intro to Interior Design
Grammar Refresher
Genealogy Basics
Discover Sign Language
Blogging & Podcasting

to see the complete list of courses, their descriptions and to register, go to:

ed2go.com/cerritos

**Learn from the
comfort of home!**

- EXPERT INSTRUCTORS
- 24-HOUR ACCESS
- 6 WEEKS OF INSTRUCTION
- COURSES BEGIN MONTHLY
- ONLINE DISCUSSIONS
- CERTIFICATE AWARDED UPON COMPLETION

**COURSE COSTS
RANGE FROM
\$85-\$299**

ENROLL NOW!

PROTRAIN CERTIFICATION TRAINING PROGRAMS

ProTrain offers certification programs that are designed to help you begin a new high-demand career or advance your current career.



Tuition Assistance options available!

Courses are created by Subject Matter Experts and prepare individuals for **nationally recognized certifications**

There are **LIVE ONLINE** and **SELF-PACED** courses available - *you pick what works best for you!*

Our **LIVE ONLINE** courses offer the convenience of online study with an instructor-led course and allow students to interact with both instructors and classmates in real-time. **Students complete training in less than 3 months.**

Our **SELF-PACED ONLINE** courses provide access to all lessons immediately with the freedom to learn from virtually anywhere at your own pace. **Duration of access ranges between 6 -12 months.**

Here's a few of the **LIVE ONLINE** and/or **SELF-PACED** certification programs available:

**Certified Associate in
Project Management**

Six Sigma Green Belt

Project Management Professional

Bookkeeping Administrator

Human Resources Professional

LEED Green Associate Career Prep

Medical Billing & Coding

ServSafe Manager

DayCare Administration Career Prep

To see the full list of **LIVE** and **SELF-PACED** online programs, read full program descriptions, and/or to register, go to

cerritos.theknowledgebase.org

CAREER ADVANCEMENT

CAREER TRAINING OPPORTUNITIES

BECOME A NOTARY PUBLIC NOTARY SEMINAR

CERTIFICATE AWARDED (CPS TEST ADMINISTERED ON SITE)

FIVE great reasons to attend the Notary Public training seminar:

1. Become more valuable as an employee
2. Provide customer service for your organization
3. Start your own business
4. Consider becoming a Notary as an option for income upon retirement
5. Consider becoming a Notary as an option to your resume

The Notary application can be found at notary-app.pdf (ca.gov). You are encouraged to review (download or print) the Notary Handbook at Handbook :: California Secretary of State or contact C.P.S. at (916) 263-3520 to request a copy.

IN-PERSON INSTRUCTIONS:

Important: Please arrive by 7:30am to find parking and check in by 8am. Students must be on time. Late arrivals will be asked to leave and no transfer/refund will be issued. The instructional course ends at 4:30pm and the State-administered test is then conducted until approximately 6:45pm.

Please bring the following:

- You must present a valid form of ID in order to take the class: Driver's License, ID, or Passport. Your picture must be clear and must be the same person who checks in.
- a passport photo (2" x 2" headshot) with your application is required in order for your application to be processed in a timely manner. You must bring the following to the test:
 - Photo ID (driver's license, state ID or passport)
 - Secretary of State application (please fill out in advance)
 - Two No. 2 pencils Plus \$35 material fee, payable to Instructor for handbook and certificate issued by Notary Education Seminars.
 - A \$40 check or money order (no cash or debit) (separate check from each participant) payable to the Secretary of State (new or renewals).

Sat, 9/14 8:00am-6:45pm
\$115 (plus \$35 material fees, payable to the instructor).

OR

Sat, 11/9 8:00am-6:45pm
\$115 (plus \$35 material fees, payable to the instructor).
Instructor: Kathy Houck

NOTARY RENEWAL NOTARY SEMINAR

(CPS TEST NOW ADMINISTERED ON SITE)

If you are a Notary Public and your commission is up for renewal, you need to take this class so that you can continue to notarize without penalty or interruption in your commission. We will go over renewal information, changes and updates to the Notary laws

The Notary application can be found at notary-app.pdf (ca.gov). You are encouraged to review (download or print) the Notary Handbook at Handbook :: California Secretary of State or contact C.P.S. at (916) 263-3520 to request a copy.

IN-PERSON INSTRUCTIONS:

Important: Please arrive by 11:30am to find parking and check in by 8am. Students must be on time. Late arrivals will be asked to leave and no transfer/refund will be issued. The instructional course ends at 4:30pm and the State-administered test is then conducted until approximately 5:45pm.

Please bring the following:

- You must present a valid form of ID in order to take the class: California Driver's Licenses, ID or Passport. Your picture must be clear and must be the same person who checks in.
- a passport photo (2" x 2" headshot) with your application is required in order for your application to be processed in a timely manner. You must bring the following to the test:
 - Photo ID (driver's license, state ID or passport)
 - Secretary of State application (please fill out in advance)
 - Two No. 2 pencils Plus \$35 material fee, payable to Instructor for handbook and certificate issued by Notary Education Seminars.
 - A \$40 check or money order (no cash or debit) (separate check from each participant) payable to the Secretary of State (new or renewals).

Sat, 9/14 1:00pm-6:45pm
\$79 (plus \$35 material fees, payable to the instructor).

OR

Sat, 11/9 1:00pm-6:45pm
\$79 (plus \$35 material fees, payable to the instructor)

Instructor: Kathy Houck has owned and operated her own notary business for over 30 years and has been teaching Notary Law and Regulations for over 20 years.

"Easy to understand and the class was kept on time. Class was well explained, the instructor is knowledgeable and made the class enjoyable"

CAREER ADVANCEMENT

CAREER TRAINING OPPORTUNITIES

BECOME A LOAN SIGNING AGENT *(online)*

CERTIFICATE AWARDED

Now that you are a Notary, how do you build and maintain your signing business? This workshop features how to properly notarize loan packages, step by step. Learn how to negotiate your fee, get called back, and brand yourself as a professional in the market.

Topics include:

- How to develop/build your own business in five simple steps.
- Contacting lucrative and profitable businesses and who your primary contact should be
- Get signed up with successful signing services/agencies that offer assignments

Prerequisite: Must have a current Notary Public commission.

ONLINE

3 mtgs; Tues-Thurs, 11/19, 11/20, 11/21 6:00pm-8:00pm
\$99 seminar fee paid upon registration +
\$30 for seminar guide and reference book, payable at
time of registration

Instructor: Notary Public Seminars, Inc. has been a leading public course provider for over 15 years. Notary Public Seminars is one of the most widely known companies offering a range of career advancement and self-help courses.

BUYING INCOME PROPERTY – THE BASICS

Find out what you need to know to maximize the rental income and the tax deductions on the purchase of income property. Learn the investment analysis terminology: GRM, cap rate, DSC, NOI, tax bracket, tax shelter, ROI. You will learn about the landlord rental incentives and the opportunities in the IRS-designated Opportunity Zones. This workshop is designed for first time investors, current property owners & real estate agents.

4- Sat, 9/21 1:00pm-4:00pm
\$55 (plus \$39 material fee, payable upon registration).

Instructor: Carmen Hill, President of Citi Housing Real Estate Services, has had a varied real estate career spanning over 35 years. She has worked for financial institutions and nonprofit organizations and is currently a real estate broker, specializing in government housing programs and foreclosures.

“Nothing compares to Ms. Yvette Mack! I learned a lot and she explains everything so clearly”

NO DAYS VACANT, NO LOST RENT PROPERTY MANAGEMENT ANYBODY CAN DO

Participants will learn how to safely manage properties and obtain full Market rents. Lots of case studies will be provided.

Sat, 9/28 9:00am-1:00pm
\$89 (plus a \$20 material fee, payable upon registration)

Instructor: Steve Dexter is the author of “Real Estate Debt Can Make You Rich” and “Beat the Banks, Prospering in the Rising Wave of Bank Foreclosures. He owns and manages 23 investment properties locally and nationwide.

HOLIDAY BALLOON DECOR & MORE **NEW**

In this class, students will learn, beautiful holiday balloon designs for events, parties, and more.

Thurs, 12/5 6:00pm-9:00pm
\$45 (plus \$15, material fee, payable upon registration).

Instructor: Yvette Mack Yvette, CBA (Certified Balloon Artist)



CREATE BALLOON DÉCOR & MORE! *(Advanced Class)*

Have you ever been to an event with beautiful balloon decor, (e.g., Birthday Party, Retirements, Baby Showers, Holiday Events, etc.) and wanted to learn how it was done? In this class you will learn how to create stunning centerpieces, eye-catching columns and learn the secrets of Organic balloon designs. If you would like to start a small business, balloon design is a perfect way to make extra money. This course will offer hands-on instruction and formulas to start a small balloon business. Bring your creativity and a pair of scissors.

2-Sat, 10/5 & 10/19 10:00am-1:00pm
\$55 (plus \$15 material fee, payable upon registration).

Instructor: Yvette Mack Yvette, CBA (Certified Balloon Artist), has been providing balloon Decor for over 20 Years. She specializes in Classic Balloon Decor and Organic balloon designs.

CAREER ADVANCEMENT

CAREER TRAINING OPPORTUNITIES

AUTO WHOLESALE BUSINESS FROM HOME *(online)*

DMV CERTIFICATE AWARDED

Learn how to make extra money buying and selling wholesale cars as a home-based business; learn six easy techniques to earn \$3,000 just selling 2-3 cars a month. Learn how to get your auto dealer license and how to operate a profitable used car business. You will get a FREE list of all the 300 dealer-only auctions in the USA where vehicles sell at below wholesale prices.

This class is DMV approved, and you will receive a DMV certificate of completion at the end. With the certificate, you can take the 40-question exam with the DMV, and upon passing it, you have one year to apply for a dealer license if you choose to do so.

Mon & Tues, 11/18 & 11/19 6:00pm-9:00pm
\$89 (plus \$25 material fee, payable upon registration).

Instructor: Wayne Williams has maintained an auto dealer's license for 9 years; insurance agent broker for six years; is a current law school student and a DMV Occupational Licensing approved instructor for five years.



“Outstanding! Lots of information, will recommend class to anybody looking to get into the auto business”

PERSONAL GROWTH

FILM, TV, & RADIO

VOICEOVERS INTRO *(online)*

ONE-ON-ONE ONLINE CLASS – 90-MINUTE INDIVIDUAL WORKSHOP.

This introductory one-on-one online workshop covers several types of voiceovers and what tools are needed to find success in this remote working industry. You will be coached as you read a script and be recorded so you can receive a professional voice evaluation later.

Requirements: Students must have Internet access and video chatting capabilities using a method such as: Zoom, Skype (Win/Mac/Mobile) or iChat/Facetime (Mac/iOS). After registering, VEA will contact you to schedule a date and time for your class.

\$49



Instructor: Voices for All professional voice actors are known for their fun and informative presenting methods. They have many years of experience in the voice-over industry and are masters at how to make it in voice acting.



OVERCOME YOUR FEAR OF PUBLIC SPEAKING

Is your public speaking anxiety limiting your business, school, or personal goals? Join Performance Psychologist Dr. Nick Lazaris as you learn the essential skills necessary for controlling the terrifying physical and emotions of anxiety and panic.

Discover key techniques to reduce speech anxiety and gain confidence. You can turn your fear of public speaking into energized performances every time.

Mon, 9/16 7:00pm-9:00pm
\$39 (plus \$25 material fee, payable upon registration).

Instructor: Dr. Nick Lazaris.

USE YOUR WORDS: THE ART OF SELF-PRESENTATION



This workshop is designed to help participants present themselves effectively, creatively, confidently, and assertively. Through guided activities and practice sessions in a supportive setting, you'll develop and deliver a compelling introduction about yourself alongside peers facing similar challenges, gaining the confidence to take command of any room.

Sat, 10/12 11:00am-1:30pm
\$55 (plus \$25 materials fee, payable upon registration)

Instructor: Angela Scott Belton is a credentialed teacher with experience teaching career skills to adults and teens entering and re-entering the job force. She has presented workshops focusing on computer skills, effective communication, and problem solving.

YOU CAN BECOME AN ASSERTIVE COMMUNICATOR!

You can become a more effective communicator by developing assertive communication skills, building your self-esteem and confidence, learning to say "No" without feeling guilty, and identifying what you want and go after it. Learning to assert yourself will enhance your chances for happiness and success in everyday living.

Mon, 10/21 7pm-9pm
\$39 (plus \$25 materials fee, payable upon registration)

Instructor: Nick Lazaris is a Clinical Psychologist & Professor at California Southern University with over 35 years' experience helping his clients achieve their absolute personal best in life, business, and relationships.

MONEY & INVESTMENTS

STOCKS – BONDS – MUTUAL FUNDS (EFT'S) (online)

This course is perfect for those who want to learn more about the stock, bond and mutual fund markets including how they work, tracking and following them, what influences their prices, load, and no-load mutual funds, and how interest rates can affect your financial well-being and how to manage risk.

The course will highlight issues such as stock and index options, domestic and global stock markets, new and hot issues, selling short, tax-free bonds, buying stock on margin, how the stock exchanges work, dollar cost averaging, how to read a typical account statement, retirement plans (IRAs, SEP-IRAs, Roth IRAs, 403Bs, 401ks, Annuities) and how market prices respond to news. Several stock market theories will be discussed and explained.

Tues & Thurs, 10/8 & 10/10 6:30pm-9:00pm
\$39

Instructor: Jalon O'Connell is a Registered Representative, General Securities Principal, and licensed Insurance Agent with National Securities. For over 12 years she has taught and lectured at numerous colleges and organizations.

HOW TO GET YOUR MONEY RIGHT & CREATE GENERATIONAL WEALTH



This course is aimed to educate the laymen community and ignite interest in their financial futures. In this course, we will learn the basic principles of savings and debt, cover simple and compound interest, learn how to calculate both using real life examples e.g. car loans, and various types of savings accounts. We will also cover various types of life insurance and how to insure you have living benefits for future large purchases or sudden disability. Lastly, we will cover annuities for more mature adults that are near retirement but, have little saved.

Sat, 10/26 9:00am-12:00pm
\$55

Instructor: Deana Pryor double-majored in Business Management and Marketing at Cal State Univ., Long Beach. She has worked in the real estate industry for over 16 years. She encourages everyone to take interest in their futures and chase after their dreams and goals.

PERSONAL GROWTH

RETIREMENT & YOUR GOLDEN YEARS

ESTATE PLANNING FOR EVERYONE

Did you know that your 'Estate' consists of everything of value—cash, clothes, cars, real estate, investment and retirement accounts, pensions, etc. that you have accumulated throughout your lifetime?

Join us for this informative, interactive class to learn how to preserve and manage your assets while you still can, and then transfer it to your loved ones after you pass away. This process involves weighing various personal and financial decisions and creating legal arrangements to carry out those decisions.

We will discuss how to properly receive an inheritance and give one, strategies to avoid expensive delays and legal challenges and intelligent distribution of assets, charitable giving. Wills, trusts, asset protection, probate and family businesses will also be discussed.

Wed, 10/2

6:30pm-9:00pm

\$39 single OR \$49 per couple

"This class expanded my knowledge on financial planning"



Instructor: Jalon O'Connell is a Registered Representative, General Securities Principal, and licensed Insurance Agent with National Securities. For over 12 years she has taught and lectured at numerous colleges and organizations.

HEALTH

PREDIABETES, DIABETES AND YOUR HEALTH *(online)*

Diabetes is one of this nation's leading chronic illnesses. Managing this condition and advocating for your health can often be challenging and intimidating. This course is ideal for those living with Prediabetes/Diabetes and their family members/caregivers who assist in caring for them.

In this course you will learn the following:

1. Basic facts about prediabetes and diabetes
2. How diabetes affects the body
3. The relationship between diabetes, weight, diet, and exercise
4. Identify the medical professionals that are part of your prediabetes/diabetes team
5. Strategies for effectively communicating with your medical team.

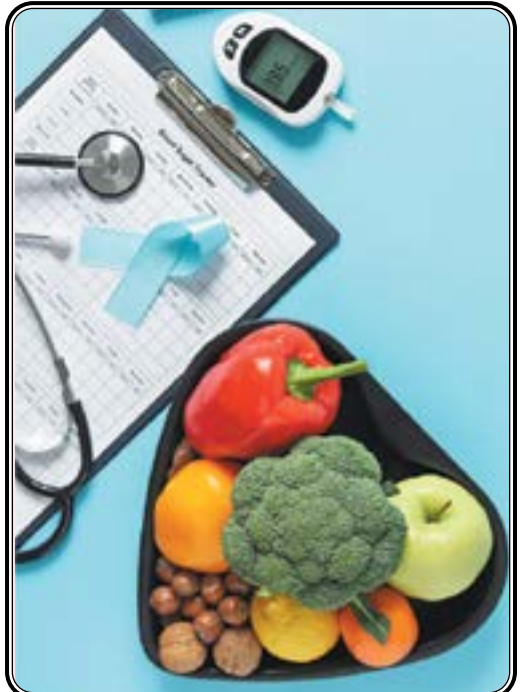
You will have the chance to discuss your experiences and receive useful resources to help manage your illness.

Wed, 10/16

6:30pm-8:30pm

\$35 single or \$45 per couple

Instructor: G.A. Kendrick is a credentialed Health educator and a Registered Dietitian with over 30 years of experience.



ENRICHMENT & INTERESTS

MOTORCYCLIST TRAINING

MOTORCYCLIST TRAINING COURSE (MTC)



*DMV CERTIFICATE AWARDED
(upon successful
course completion)*



California Motorcyclist Safety Program offers the Motorcyclist Training Course (MTC), which is designed for the novice rider with no (or limited) street-riding experience. This 16-hour weekend course includes both classroom and on-cycle instruction. Although designed for new riders, any rider that has not taken a motorcycle course will benefit from this course. You will learn fundamental skills required to operate the motorcycle and progress to street riding skills and strategies. Topics covered include overcoming fear, understanding how motorcycles turn, proper cornering strategies, and emergency crash avoidance skills.

This course is mandatory for those under 21 years of age desiring a motorcycle or scooter license. For students under 18, a parent must show ID (or legal guardian proof of guardianship) and sign a waiver at the start of the first class.

You will have 6 hours of in-class instruction and 10 hours of on the range, riding instruction and practice. You must be on time for every part of this course – if you are late, you will be dismissed from the class. Please bring water, and a sack lunch, as you will be in your class all day and will not have enough time to leave campus to purchase food.

A motorcycle and helmet will be provided for you in this course; if you want to complete the course on a scooter, you must notify us upon registering for the class. You need to bring either a valid state issued driver's license, permit or ID card to the first class. Additionally, you will need to be dressed in a long sleeve shirt or jacket, full-fingered street-motorcycle-specific or leather gloves (mechanics-style gloves, off-road gloves, etc. are NOT allowed), long, thick jeans or pants (no spandex/stretch pants) without rips or holes and sturdy, padded, over the ankle boots (no fashion boots, or high heeled boots), leather high-top sneakers are allowed (canvas or cloth sneakers are NOT allowed).

In accordance with State safety standards, early dismissal may occur during the riding portion of the class if you do not demonstrate safe riding techniques (as determined by the instructor). Your attendance and participation are not a guarantee that you will be able to successfully complete the course. Students successfully completing the class will receive the DMV completion certificate, which may waive the riding portion of the DMV test. Your certificate will be mailed to you within 10 working days of your course completion. (Note: you will still need to take the written test at the DMV).

COMPLETE COURSE OVER 3-DAY PERIOD:

**Thurs. online classroom, Sat. in-person riding and classroom,
Sun. in-person riding.**

\$425 age 21 and over; \$395 under 21

Classes fill quickly - register today to reserve your spot!



ENRICHMENT & INTERESTS

MOTORCYCLIST TRAINING

1-DAY PREMIER/IRC

(INTERMEDIATE RIDING CLINIC) MUST BE 21 AND OVER TO TAKE THIS CLASS

Developed by Total Control Training, and the CMSP (CA Motorcycle Safety Program), the 1-Day Premier and Intermediate Riding Clinic Courses are the perfect next step for current riders who are looking to improve their skills as well as veteran riders that have recently returned to riding and need a refresher session. If your goal is to obtain an M1 license and your skills are beyond the basics, the 1DP (1 Day Premier) class is the course for you. Upon successful completion, you will be issued a DL389 certificate which may enable you to waive the riding skills portion of the DMV license application. If you already have your Class M1 license and have more than 500 miles of experience and may not have ridden for a while, the IRC (Intermediate Riding Clinic) class is for you.

Choose one date

Sun, 9/8 & 9/22, 10/6 & 10/20, 11/3 & 11/17, 12/1, 12/15 & 12/29
\$350

These courses include both short classroom sessions and hours of riding exercises. The IRC & 1DPC are based on the most current research in rider safety, utilize modern training methods and have been proven to enhance student outcomes. Although designed primarily as a safety course, the course is also challenging and fun and it is completed in one 8-hour day.

We can provide a motorcycle for you if you sign up for the 1 Day Premier and should need one.

6:45am-4:00pm

WOODWORKING

WOODWORKING FUNDAMENTALS

This class teaches the use of both hand and power tools/equipment to give each student the fundamentals to be a safe lifelong woodworker. This class has students with varying skill levels, from the beginner who has never used a tool and wants to learn how to use tools and equipment safely to the advanced student that has been with me for many years who are developing their own style of woodworking.

6-Sun, 11/10-12/15
\$319

8:00am-5:00pm

Instructor: Charlie Peterson is a custom furniture maker, woodworking instructor, and art historian. He has taught woodworking across the United States and is currently exploring patent furniture of the nineteenth century.

FUNDAMENTALS OF WOOD AND BOWL TURNING

This Fundamentals class is appropriate for beginning to advanced wood turners. The class will start with wood turning basics emphasizing use of lathe and turning tools plus sharpening, general spindle, and hollowing work on selected projects. For intermediate and advanced students, bowl projects include hollow form, natural edge, free form, and decorating enhancements.

12-Sat, 9/14-12/14
(no class 11/9, 11/30)
\$269

2:00pm-6:00pm

Instructor: Jerry Knight is an award-winning bowl turner and is a lifetime woodworking hobbyist. He is currently Vice President of the Orange County Wood Workers Association and has been teaching wood turning at Cerritos College since 2016.

WOODTURNING TECHNIQUES

This intermediate to advanced woodturning course emphasizes the art and possibilities of segmented woodturning and will cover other turning techniques such as closed form, natural edge and multi-centered turnings. The main objective is improving the student's skill in the use of lathe, tools and machinery. The student will design and execute projects using various turning techniques for the creation of wooden bowls, vessels and sculptural objects. Emphasis is placed on proper technique, safety and shop policies.

12-Sun, 9/15-12/15
(no class 11/10, 12/1)
\$269

8:00am-12:00pm

Instructor: Steve Romo is a lifetime woodworker and has been woodturning for many years. As a member of the AAW (American Association of Woodturners), he has attended several symposium events since 2013 and can offer a variety of tips and techniques.

ENRICHMENT & INTERESTS

DANCE

SALSA

If you have never tried Salsa but would love to experience the excitement and fast, fluid movements, this class is what you have been looking for! This course is designed for students who are beginning and those who are confident with the Salsa rhythm. You will work on the footwork, turns, patterns, shines as well as proper posture, weight transfer, frame, and connection.

Come alone or come with friends; you will have the opportunity to dance with everyone including the instructors!

10-Wed, 9/18-11/20
\$79

7:00pm-8:30pm

CARIBBEAN AND LATIN DANCE

Why waste your dollars working out at a gym? Have fun dancing and get your workout at the same time, Latin style! Learn Merengue, Salsa, and Cumbia (traditional & street style). Individual attention will be given to each student. Partners are welcome but not necessary. Instruction will be given in English and/or Spanish. Class may be repeated.

10-Mon, 9/16-11/25
(no class 11/11)
\$79

7:00pm-8:30pm

Instructor: Latin Spice Dance Group has over 20 years of experience teaching dance. Besides teaching, Latin Spice instructors also demonstrate at company events, weddings, and private parties.



BELLY DANCING, FUN & FITNESS IN 5

You are invited to find the "GODDESS WITHIN." In this 5-week gender inclusive class, you will learn to express your Body, Mind and Soul, through the ever popular and beautiful art of Belly Dancing. This dance is a complete body workout, and you will gain an in-depth understanding of body isolations, dance steps, combinations, and dance stylization. Increase your energy and stamina and beautify your body image.

For any-Age, For every-Body

5-Sat, 9/28-10/26
\$69

10:00am-11:00am

Instructor: Tonya Chianis R.Sc.P., is an internationally renowned, award winning, belly dancer, singer, composer, author, and producer of the "Global Belly dancer Of the Universe Competition," now in its 33rd year.

*"Enjoyed the class, it was fun.
I would take it again!"*

ENRICHMENT & INTERESTS

MIND, BODY & SOUL

YOGA FOR ALL – IN PERSON



In this beginner course students will practice basic yogic techniques and asanas that build awareness and mobility. It is perfect for those new to yoga and those who want a sneak peek of how yoga is available for all - no matter your age or conditions. Furthermore, this course is created to break the myth that you must have a certain body or flexibility in order to do yoga.

2wks-Tues & Thurs, 9/10-9/19
\$55

6:00pm-7:00pm

Instructor: *Anjika Morari* is a registered yoga teacher, certified in RYT 550 hours and RPYT through Yoga Alliance. She has trained in Mysore, India and has taught classes in her own LLC.



TAI CHI CHUAN (in-person)

Tai Chi Chuan is an ancient form of martial art ideal for strengthening and maintaining health and wellness for people of all ages. Tai Chi Chuan is especially beneficial as a means of lowering the risk of falling for older adults.

6-Sat, 9/14-10/19

8:30am-10:00am

OR

6-Sat, 10/26-11/30

8:30am-10:00am

\$65

Instructor: *Dan Layne, B.S.* is certified as a specialist in Balance and Mobility through Cal State Fullerton and holds a "Master Trainer" certification for the Matter of Balance program sponsored by the Department of Ageing. He is certified to teach Tai Chi Chuan by the Hong Kong Royal Life Saving Society.

MUSIC



GUITAR: INTRODUCTION/ BEGINNING

AGES 14 TO ADULT

Students will continue learning acoustic guitar basics with emphasis on learning more chords, strum styles and single note melodies.

You must bring your own acoustic guitar.

Prerequisite: *Students must first take Intro Guitar class OR have experience playing.*

6-Sat, 9/14 - 10/26 (no class 10/5) 9:00am-10:00am
\$69 (plus \$5 material fee, payable upon registration).

Instructor: *Katarina Giesler* holds a single subject credential in music. She has directed musical ensembles, such as band, orchestra, choir, and musicals. She also teaches small group lessons

PIANO: INTRO/BEGINNING

AGES 14 TO ADULT

You've been asking, we delivered! This intro/beginning adult piano class is for teens/adults who are either new to playing the piano or have some basic knowledge. During this class you will learn you will learn to play chords, single note melodies, and strum styles. No musical experience required. Come join other aspiring musicians for a fun filled learning experience.

6-Sat, 9/14-10/26 (no class 10/5)

10:15am-11:15am

\$69 (plus \$5 material fee, payable upon registration).

Instructor: *Katarina Giesler*



ENRICHMENT & INTERESTS

SOMETHING FOR EVERYONE

CREATE BALLOON DECOR & MORE! -

Advanced Class

Have you ever been to an event with beautiful balloon decor, (e.g., Birthday Party, Retirements, Baby Showers, Holiday Events, etc.) and wanted to learn how it was done? In this class you will learn how to create stunning centerpieces, eye-catching columns and learn the secrets of Organic balloon designs. If you would like to start a small business, balloon design is a perfect way to make extra money. This course will offer hands-on instruction and formulas to start a small balloon business. Bring your creativity and a pair of scissors.

2-Sat, 10/5 & 10/19 10:00am-1:00pm
\$55 (plus \$15 material fee, payable upon registration).

Instructor: Yvette Mack, CBA (Certified Balloon Artist), has been providing balloon Decor for over 20 Years. She specializes in Classic Balloon Decor and Organic balloon designs.



LEARNING HOW TO MASTER AND LIVE THE HAPPINESS FACTOR

Everybody wants to be happy, do you? There are people who truly are regardless of their circumstances. In this two-part series you will learn theories and holistic properties that will help you understand how to use the mindset and strategies that build your resilience. You will leave with tools to help you optimize your outlook. Feel great, you deserve it!

2-Sat, 11/30 & 12/7 9:30am-12:30pm
\$55 (plus \$15 material fee, payable upon registration).

Instructor: Teresa Estrada is an experienced educator and counselor. She teaches workshops on grief and loss at various locations. She also has taught grades K-12, as well as ESL, college prep courses, and psychology courses at Webster Career Business College (where she had been nominated for Teacher of The Year in 1997).



OVERCOME YOUR FEAR OF PUBLIC SPEAKING

Is your public speaking anxiety limiting your business, school, or personal goals? Join Performance Psychologist Dr. Nick Lazaris as you learn the essential skills necessary for controlling the terrifying physical and emotions of anxiety and panic.

Discover key techniques to reduce speech anxiety and gain confidence. You can turn your fear of public speaking into energized performances every time.

Mon, 9/16 7:00pm-9:00pm
\$39 (plus \$25 material fee, payable upon registration).

Instructor: Dr. Nick Lazaris is a Clinical Psychologist & Professor at California Southern University with over 35 years' experience helping his clients achieve their absolute personal best in life, business, and relationships.

"I thoroughly enjoyed the class. It is very enthusiastic and presented valuable insight"

ENRICHMENT & INTERESTS

SOMETHING FOR EVERYONE

VISION BOARD *(online)*

In the Vision Board class, this phrase takes on a whole new meaning when you create an intentional road map that allows you to explore your goals, dreams and aspirations and create clear means of achieving them. Through guided exercises, discussion, and feedback, you will leave with a clearer picture for the future. This fun and informative class is great for adults, children and families and you leave with a concrete reminder you can reference for a lifetime.

Sat, 9/14 10:00am-1:00pm
\$55

Instructor: Dr. Dorothy Kegler is the Owner of *Kegler's Consulting, an educational and career consulting firm. She is destined to assist you with realizing your dreams and goals.*

UNDERSTANDING GRIEF AND LOSS

Loss is an inevitable part of life, and grief is a natural part of the process. In this class you will learn about the Stages of Grief and Loss and share your experiences with others who are going through the same experience. The course objective is to provide knowledge, personal growth, and an understanding of the experience of the loss of a loved one. More resources that can help you continue your healing journey will be provided.

Sat, 11/16 9:30am-12:30pm
\$49 (plus \$15 materials fee, payable upon registration)

Instructor: Teresa Estrada

ENTENDIENDO EL DUELO

La pérdida es una parte inevitable de la vida y el duelo es una parte natural del proceso. En esta clase aprenderán sobre las etapas del duelo y la pérdida y tendrán la oportunidad de compartir sus experiencias con otras personas que están pasando por la misma experiencia. El objetivo del curso es proporcionar conocimiento, crecimiento personal y comprensión de la experiencia de la pérdida de un ser querido. Se proporcionarán recursos adicionales que pueden ayudar a continuar en su viaje de curación.

Sat, 11/23 9:30am-12:30pm
\$49 (plus \$15 material fee, payable upon registration).
(check price)

Instructor: Teresa Estrada is an experienced educator and counselor. She teaches workshops on grief and loss at various locations. She also has taught grades K-12, as well as ESL, college prep courses, and psychology courses at Webster Career Business College (where she had been nominated for Teacher of The Year in 1997).

TRAFFIC SCHOOL

Pre-register to save \$5 on your class registration!

Traffic school classes fill quickly - if you register any time before the day of class, you will ensure your spot AND save \$5!

Cerritos College (traffic school #TVS00087) offers an eight-hour class, taught in English. After obtaining permission from the courts to attend traffic school, you can then register for traffic school. *

You must bring your driver's license and citation to class - if you do not, your information cannot be entered into the CA DMV website, and you will not get credit for your traffic school attendance. If your ticket was obtained out of state, you MUST VERIFY BEFORE REGISTERING with the out-of-state courts as to if they will accept the completion receipt (not all will). If you register and the out-of-state court rejects your completion receipt, no refund will be given.

Per DMV regulations, class begins at 8am sharp - you cannot arrive late. Please arrive about 15 minutes before class starts to buy your parking permit, find your class location on campus, and fill out the paperwork you need to complete. You need to be in your seat at the start of class - if you are late, you will not be let in, and no refund will be issued.

At the completion of class, you will receive a completion receipt. Within three business days, the office will enter your attendance and information you provided on the forms you completed into the CA DMV system electronically; this is how the courts will know that you completed your class.

*Per DMV regulations, commercial drivers are prohibited from attending traffic school except if they obtain a violation when operating a non-commercial vehicle (per AB 1888).

Sat, 9/21, 10/19, 11/23 8:00am-4:00pm
\$35 pre-registration, \$40 same day registration

Instructor: Mr. Richard Jensen was a member of the Whittier Police Dept. for 24 years. He was awarded the 2018 "Case of the Year" award from the Orange County Traffic Investigators Association.



CHILD / TEEN CLASSES

ENRICHMENT

NOW YOU'RE COOKING! JR. CHEF

GRADES 1-4

The ability to follow directions is one of the most important skills for a child to have to be successful in schoolwork. Cooking is a wonderful way to acquire skills along with math and reading comprehension skills. Students will learn how to make tasty and healthy snacks like veggie lasagna, veggie egg rolls, biscotti, frittatas, blondies, bread in a bag with homemade butter, pizza dough and pizza, and apple dumpling bake. Students will make a small recipe book to start building on the items they have learned to make. Best of all, they get to eat what they make!

Note: Food items listed are examples, actual recipes may differ.

2-Sat, 11/2 & 11/9 9:00am-12:00pm
\$49 (plus \$10, payable upon registration).

Instructor: Luz Quiroz has been a chef specializing in modern cuisine for over 15 years. She enjoys teaching children the art of cooking.

NOW YOU'RE COOKING! ELEMENTARY CHEF

GRADES 5-8

Your child is ready to expand their cooking skills with more independence! They will continue to establish the basic cooking concepts with preparation, measurement, and general food safety. This class will explore various techniques of cooking with different kitchen tools and appliances. They will learn the importance of healthy nutrition, planning a menu and grocery shopping within a budget.

Students will learn how to make tasty and healthy snacks like veggie lasagna, veggie egg rolls, biscotti, frittatas, blondies, bread in a bag with homemade butter, pizza dough and pizza, and apple dumpling bake....and will create a small recipe book to start building on the items they have learned to make. Best of all, they get to eat what they make!

Note: Food items listed are examples, actual recipes may differ.

2-Sat, 10/5-10/12 9:00am-12:00pm
\$49 (plus \$10 material fee, payable upon registration).

MUSIC

PIANO: INTRODUCTION

GRADES 1-8

This class is for students with no piano/music experience. Lessons include activities related to reading notes, rhythm, and music symbols. Listening skills and keyboard activities will be included.

6-Sat, 9/14-10/26 (no class 10/5) 11:20am-12:20pm
\$69 (plus \$5 material fee, payable upon registration).

PIANO: BEGINNING / INTERMEDIATE

AGES 14- ADULT

Sequel to Piano Introduction. Upon entering this class, students should be able to count quarter, half, and whole notes. Students should be able to name the white notes on the keyboard and read notes on the staff in Middle C position.

6-Sat, 9/14-10/26 (no class 10/5) 10:15am-11:15am
\$69 (plus \$5 material fee, payable upon registration).

PIANO: BEGINNING/ INTERMEDIATE

GRADES 1-8

Sequel to Beginning/Intermediate Piano. Upon entering this class, students should be able to read all notes on the lines and spaces of the grand staff and be able to identify intervals (leaps in the music) up to a 5th.

6-Sat, 9/14-10/26 (no class 10/5) 12:25pm-1:25pm
\$69 (plus \$5 material fee, payable upon registration).

GUITAR: INTRODUCTION/ BEGINNING

AGES 14 TO ADULT

Students will continue learning acoustic guitar basics with emphasis on learning more chords, strum styles and single note melodies.

You must bring your own acoustic guitar.

Prerequisite: Students must first take Intro Guitar class OR have experience playing.

6-Sat, 9/14-10/26 (no class 10/5) 9:00am-10:00am
\$69 (plus \$5 material fee, payable upon registration).

Instructor: Katarina Giesler holds a single subject credential in music. She has directed musical ensembles, such as band, orchestra, choir, and musicals. She also teaches small group lessons.

"Very good class, I enjoyed the instructor and her knowledge about music"

CHILD / TEEN CLASSES

ATHLETICS & MOVEMENT

TOOTSIE ROLLERS

AGES 18 MONTHS - 3 YEARS

PARENT PARTICIPATION REQUIRED

Let's MOVE! This class is packed with music, movement, and Tumble-N-Fun! Together, we will tumble-roll-balance-bounce-sing-hop-jump and enjoy safe, creative fun + music! Your toddler will learn to express themselves through creative play to gain balance, coordination, and social interaction. Join us and be a "Tumble-N-Kid!"

6-Sat, 9/14-10/19 10:30am-11:15am
\$70 (plus \$2 material fee, payable upon registration).

6-Sat, 11/2-12/14 10:30am-11:15am
(no class 11/2 - 12/14)
\$70 (plus \$2 material fee, payable upon registration).

Teachers: Tumble-N-Kids, Inc.

TUMBLE STARS

AGES 3.5 TO 5 YEARS

SOME PARENT PARTICIPATION MAY BE REQUIRED

Girls and boys are introduced to gymnastics in a safe, fun, age-appropriate atmosphere. Tumbling skills, "Position of the Day," rolls, balance beam, beginning cartwheels and more! Gymnastic skills are a great foundation for all sports! Lively music, props and creative play help students develop body control, flexibility, strength, coordination, and balance. Class encourages confidence and fitness while teaching valuable skills to take them to the next level! Progressive skill level instruction helps "Tumble Stars" happily zoom to confidence, pride and success-high 5's for everyone!

6-Sat, 9/14-10/19 10:30am-11:15am
\$70 (plus \$2 material fee, payable upon registration).

6-Sat, 11/2-12/14 10:30am-11:15am
(no class 11/30)
\$70 (plus \$2 material fee, payable upon registration).

Teachers: Tumble-N-Kids, Inc.



JAMMIN' GYMNASTS

AGES 6-12

NO PARENT PARTICIPATION

Girls and boys safely learn age-appropriate gymnastic skills including floor-tumbling, cartwheels, bridge/backbends, rolls, handstands, balance beam, trampoline and more. Beginners welcome! Gymnasts experience the benefits of healthy exercise, strength, coordination, agility, and balance while building self-confidence - valuable skills for all sports! Music and obstacle courses make learning FUN while progressive skill instruction enhances individual accomplishment, creating confidence and success.

6-Sat, 9/14-10/19 12:15pm-1:15pm
\$90 (plus \$2 material fee, payable upon registration).

6-Sat, 11/2-12/14 12:15pm-1:15pm
(no class 11/30)
\$90 (plus \$2 material fee, payable upon registration).

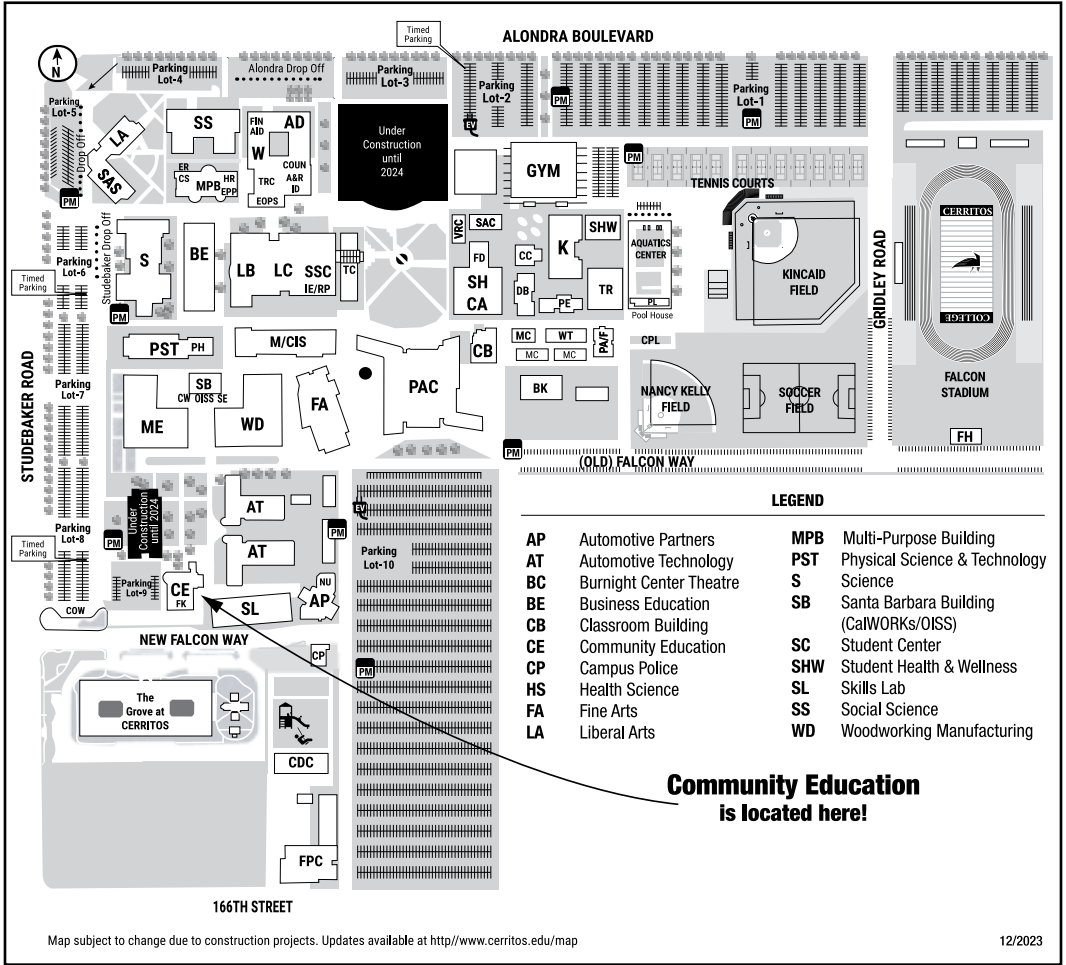
Teachers: Tumble-N-Kids, Inc.



"The class tumbling stars for kids 3-5 years old is an amazing class. The instructor is patient, enthusiastic and is great at the job she does"

CAMPUS MAP & PARKING INFORMATION

A PARKING PERMIT IS REQUIRED & ENFORCED 24 HOURS A DAY, YEAR-ROUND



PARKING - You will need to pay for parking while on campus. The daily pass is \$3 during the week (Mon-Fri) and \$5 on the weekend (Sat-Sun). Purchase your daily virtual parking pass by clicking on this link:

<https://paymycite.com/CerritosCollege/Landing.aspx>.

Park in the student white stalls only.

Students with a disability “DP” plate/placard can park in any disabled, student or staff stall, but are still required to purchase a parking permit.

REGISTRATION INFO

TRANSFERS & CANCELLATION POLICIES

Once you are registered in a class(es), you will receive an emailed receipt along with an email confirmation. The confirmation contains all the class information you need to know about your class(es).

TRANSFERS

To transfer registration to another class, your request must be received three or more business days before the first class meeting of the original class. There is a \$10 transfer fee for all transfers completed. We cannot complete any transfer once a class has begun.

CANCELLATIONS

We make every effort to publish accurate course information, but due to unforeseen circumstances some class dates/times may be subject to being rescheduled or cancelled. Any class that does not meet minimum enrollment may be cancelled. If Community Education cancels a class, you will be notified by email and phone prior to when the class was to begin. If our department has to cancel a class, a full refund will be issued to you.

If you want to cancel a class(es), you need to notify us about the cancellation three (3) or more business days prior to the start of the original class. There is a \$10 cancellation fee for all cancellations completed. If you notify us after a class has begun, no cancellation can be given.

If you are given a refund, registration fees paid by credit card will be returned to that card within 72 hours or less. Payments made by cash or check will be refunded by check from the District within 2-4 weeks and will be mailed directly to you.

STUDENT CONDUCT AND DISCIPLINARY PROCEDURES

Students enrolling in any Cerritos College, Community Education course assume an obligation to abide by all District regulations and are subject to disciplinary actions if they fail to adhere to these regulations. The Office of Judicial Affairs is responsible for the student conduct and disciplinary procedures of the college. <http://www.cerritos.edu/activities/office-of-student-conduct-and-grievances/default.htm>.

STUDENTS WITH DISABILITIES

Reasonable accommodations for students with a disability are available upon request. Requests must be made a minimum of 10 business days in advance of the class start date. Contact the Community Education office to begin the process of consideration of your accommodation request.

CERRITOS COMMUNITY COLLEGE DISTRICT BOARD OF TRUSTEES

DR. SANDRA SALAZAR: President
Trustee Area 6

MARIANA PACHECO: Vice President
Trustee Area 1

DR. DAWN GREEN: Clerk
Trustee Area 2

JAMES CODY BIRKEY
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ZURICH LEWIS
Trustee Area 7

DR. SHIN LIU
Trustee Area 5

MARISA PEREZ
Trustee Area 4

CATHY LE
Student Trustee

4 EASY WAYS TO REGISTER!



ONLINE

CerritosCommunityEd.com

- If you are a new student, click on “sign in” and create a new profile.
If you are a returning student, simply login using your login & password.
- Select classes you want to register for by putting them in your “cart.”
- Check-out and pay for your classes, using a VISA, Mastercard or Amex.
- You will get an email confirmation of your payment and class registration.



PHONE

562-467-5050 (press #1)

- A registrar will help you over the phone to register for the class(es) you want.
- You will pay over the phone with VISA, Mastercard or Amex
- You will get an email confirmation of your payment and class registration.



SCAN/EMAIL

CommunityEd@Cerritos.edu

- Complete this registration form including credit card info for payment.
- Scan form or take a picture and email to CommunityEd@Cerritos.edu.
- You will get an email confirmation of your payment and class registration.



MAIL

Cerritos College Community Education 11110 Alondra Blvd., Norwalk, CA 90650

- Complete the registration form and include your payment (check or credit card).
- You will get an email confirmation of your payment and class registration.

REGISTRATION FORM

TO BE COMPLETED BY ADULT STUDENT OR PARENT OF YOUTH STUDENT

Adult Name (required): _____
First Middle Last

Address (required): _____

City (required): _____ Zip (required): _____

Primary Phone (required): _____ Secondary Phone: _____

Email (required): _____ Date of Birth (required): _____

Note: This is where we will send your receipt, registration confirmation and log-in information.

COMPLETE IF YOUTH STUDENT (AGES 1-17). (If adult student, skip section)

Youth Name (required): _____
First Middle Last

Date of Birth (required): _____ Grade Level (required): _____

Emergency Contact (required): _____ Phone (required): _____
First Last

REGISTER FOR THESE CLASS(ES)

Class Title	Class Date(s)	Class Fee(s)
Total Registration Amount:		\$

PAYMENT INFORMATION

Credit Card - Visa / MC / AMEX: _____
(circle type) (credit card number) (expiration date)

Card Billing Address (if different): _____
Note: The billing address of the credit/debit card will be verified to match the address your credit or debit provider has on file.

Check Amount: _____
(check number)

Signature (required): _____ Date (required): _____

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